

# PENTECOST NOVENA



**Catholic Renewal Center  
Archdiocese of St. Louis**



# Novena to the Holy Spirit

*A Novena is a prayer which is prayed for a series of nine days with a particular focus. Novenas originated in imitation of the Apostles who were gathered together in prayer for nine days from the time of Our Lord's Ascension to Pentecost Sunday.*

## Daily Outline

### Prayer to the Holy Spirit:

On my knees I, before the great multitude of heavenly witnesses, offer myself, soul and body to you, Eternal Spirit of God. I adore the brightness of your purity, the unerring keenness of your justice and the might of your love. You are the strength and light of my soul. In you I live and move and am. I desire never to grieve you by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against you. Mercifully guard my every thought and grant that I may always watch for your light, and listen to your voice, and follow your gracious inspirations. I cling to you and give myself to you and ask you by your compassion to watch over me in my weakness. Holding the pierced feet of Jesus and looking at his five wounds, and trusting in his Precious Blood and adoring his opened side and stricken heart, I implore you, Adorable Spirit, Helper of my infirmity, to keep me in your grace that I may never sin against you. Give me grace O Holy Spirit, Spirit of the Father and the Son to say to you always and everywhere, "Speak Lord for your servant is listening." Amen

### Pope Francis on Fruits of the Spirit

### Scripture Reading

### Responsorial Prayer/Psalm

**Homily/Reflection** (If novena is celebrated in community)  
and/or period of Silent Meditation

### Prayer for the Seven Gifts of the Holy Spirit

O Lord Jesus Christ who, before ascending into heaven, did promise to send the Holy Spirit to finish your work in the souls of your apostles and disciples, deign to grant the same Holy Spirit to me that he may perfect in my soul, the work of your grace and your love. Grant me the Spirit of Wisdom that I may despise the perishable things of this

world and aspire only after the things that are eternal. The Spirit of Understanding to enlighten my mind with the light of your divine truth. The Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining heaven. The Spirit of Fortitude that I may bear my cross with you and that I may overcome with courage all the obstacles that oppose my salvation. The Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints. The Spirit of Piety that I may find the service of God sweet and amiable. Grant the Spirit of Wonder and Awe that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord with the sign of your true disciples, and animate me in all things with Your Spirit. Amen.

For the Fruit of the Spirit for the Day

Pray Hail Mary, Our Father and 7 Glory Be's

Final Prayer

### **Day One: Desire the Gifts Live the Fruit of the Spirit Charity/Love**

#### **Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

#### **Pope Francis shares:**

“Jesus is the true vine, and we are the branches, dependent on Him. Through this parable, Jesus wants us to understand the importance of remaining united to Him. Although Jesus is no longer with us as He was with the Disciples, we are able to remain united with Christ “in vital communion” through the Church. Jesus is the vine, and through Him, the very love of God passes to us “the branches”: The branches are not self-sufficient, but depend totally on the vine, in which is found the source of their life. So it is with us Christians. Grafted by Baptism in Christ, we have freely received from Him the gift of new life; and we are able to remain in vital communion with Christ. Those are intimately united to Christ are filled with the fruits of the Holy Spirit. The fruits of this profound communion are wonderful. Our whole being is transformed thanks to the grace of the Spirit: our

souls, our understanding, our will, our affections, even our bodies. United with Christ, His life becomes our own, and we are able to think like Him, to act like Him, to see the world and the things in it with the eyes of Jesus. And so we are able to love our brothers.” *Regina Coeli Message, May 3, 2015*

**Scripture Reading: 1 John 4:7-13**

Beloved, let us love one another; for love is of God and everyone that loves is born of God and knows God. Whoever is without love does not know God, for God is love. In this way the love God was revealed to us. God sent his only Son into the world so that we might have life through him. In this is love: not that we have loved God but that he loved us and sent his Son as expiation for our sins. Beloved, if God so loved us, we also must love one another. No one has ever seen God. Yet, if we love one another God remains in us and his love is brought to perfection in us. This is how we know that we remain in him and he in us, that he has given us of his Spirit. The Word of the Lord. **Thanks be to God.**

**Response: For ever I will maintain my love for my servant.**

I have made a covenant with my chosen one, I have sworn to David my servant; Forever will I confirm your posterity and establish your throne for all generations.

**Response: For ever I will maintain my love for my servant.**

Forever I will maintain my kindness toward him, and my covenant with him stands firm. I will make his posterity endure forever and his throne as the days of heaven.

**Response: For ever I will maintain my love for my servant.**

If his sons forsake my law and walk not according to my ordinances. If they violate my statutes and keep not my commands.

**Response: For ever I will maintain my love for my servant.**

I will punish their crime with a rod and their guilt with stripes. Yet my mercy I will not take from him, nor will I belie my faithfulness.

**Response: For ever I will maintain my love for my servant.**

**Reflection**

**For the Fruit of Charity/Love**

The fruit of the Spirit is, first of all, love. It is the love we show one another, John tells us, that proves our ancestry, that shows we are truly sons and daughters of God. It cost God a great deal to restore us to himself, to be a God of grace who brings salvation, we, too, will find that it costs us to be men and women who lay down our lives in love for one another.

**Pray Hail Mary, Our Father and 7 Glory Be's**

**Final Prayer:**

Praise be to God and Our Lord Jesus Christ; help me to accept more fully the continual tender and loving awareness of your presence through the Spirit. May the unconditional love poured forth in our hearts bring freedom in the face of opposition and persecution. May it raise our own desire to become the fullness of the image and likeness of God for which we are created. May this charity lead more fully to self surrender to God and to the compassionate love of others. **Amen.**

**Day Two: Desire the Gifts Live The Fruit of the Spirit Joy****Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

**Pope Francis shares:**

“Joy is not the consequence of emotions that burst for a wonderful thing... No, it is more. This joy, this which fills us, is a fruit of the Holy Spirit. Without the Spirit one cannot have this joy. To be full of joy is the experience of the highest consolation, when the Lord makes us understand that this is something different from being cheerful, positive, bright... No, it is another thing it is an overflowing joy that really hits us. Receiving the joy of the Spirit is a grace.”

*Morning Mass at Casa Santa Marta, April 16, 2020*

**Scripture Reading: John 7:37-39**

On the last and greatest day of the feast, Jesus stood up and exclaimed, “Let anyone who thirst come to me and drink. Whoever believes in me, as scripture says: *Rivers of living water will flow from within him.*” He said this in reference to the Spirit that those who came to believe in him were to receive. There was, of course, no Spirit yet because Jesus had not yet been glorified.

The Gospel of the Lord. **Praise to you Lord Jesus Christ.**

**Response: Let all the earth cry out to God with joy.**

Shout joyfully to God, all the earth, sing praise to the glory of his name; proclaim his glorious praise. Say to God, “How tremendous are your deeds.”

**Response: Let all the earth cry out to God with joy.**

Let all on earth worship and sing praise to you, sing praise to your name. Come and see the works of God his tremendous deeds among the children of Adam.

**Response: Let all the earth cry out to God with joy.**

He has changed the sea into dry land; through the river they passed on foot. Therefore let us rejoice in him. He rules by might forever.

**Response: Let all the earth cry out to God with joy.**

## **Reflection**

### **Prayer for the Fruit of the Spirit Joy:**

O Divine Spirit, well-spring of everlasting happiness, pour into my soul the Fruit of holy Joy, that, by its sweet and powerful influence, I may be stimulated to serve you with wholehearted, cheerful service, in every circumstance and duty, whether pleasing or adverse. Amen

### **Pray Hail Mary, Our Father and 7 Glory Be's**

### **Final Prayer:**

Heavenly Father, we come to you in gratitude for all the blessings you have bestowed on each of us this day. May the Spirit of Joy give us an abiding sense of well being and permanently establish us in your holy presence. May we drink of the living water so as to never thirst again. Amen.

## **Day Three: Desire the Gifts Live the Fruit of Peace**

### **Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

### **Pope Francis Share:**

“When the Holy Spirit comes to dwell in our hearts, he infuses us with consolation and peace, and he leads us to the awareness of how small we are, with that attitude — strongly recommended by Jesus in the Gospel — of one who places his every care and expectation in God and feels enfolded and sustained by his warmth and protection, just as a child with his father! This is what the Holy Spirit does in our hearts: he makes us feel like children in the arms of our father. In this sense, then, we correctly comprehend how fear of the Lord in us takes on the form

of docility, gratitude and praise, by filling our hearts with hope. Indeed, we frequently fail to grasp the plan of God, and we realize that we are not capable of assuring ourselves of happiness and eternal life. It is precisely in experiencing our own limitations and our poverty, however, that the Holy Spirit comforts us and lets us perceive that the only important thing is to allow ourselves to be led by Jesus into the Father's arms. " *General Audiences, Wednesday June 11, 2014*

### **Scripture Reading: John 14:25-31**

I have told you this while I am with you. The Advocate, the Holy Spirit that the Father will send in my name, he will teach you everything and remind you of all that I told you. Peace I leave you my peace I give to you. Do not let your hearts be troubled or afraid. You heard me tell you I am going away and I will come back to you. If you loved me you would rejoice that I have told you this before it happens so that when it happens you may believe. I will no longer speak much with you for the ruler of the world is coming. He has no power over me but the world must know that I love the Father and that I do just as the Father has commanded me. Get up, let us go.

The Gospel of the Lord.      **Praise to you Lord Jesus Christ.**

### **Response: The Lord speaks of peace to his people.**

I will hear what God proclaims for he proclaims peace to his people and to his faithful ones, and to those who put in him their hope.

### **Response: The Lord speaks of peace to his people.**

Kindness and truth shall meet justice and peace shall kiss.. Truth shall spring out of the earth, and justice shall look down from heaven.

### **Response: The Lord speaks of peace to his people.**

The Lord himself will give his benefits, our land shall yield its increase. Justice shall walk before him, and salvation along the way of his steps.

### **Response: The Lord speaks of peace to his people.**

## **Reflection**

### **Prayer for the Fruit of the Spirit Peace**

O Abyss of Divine Peace! Confirm me in unalterable serenity of soul and peace of conscience so that I may remain firm in temptation and steadfast in virtue amidst the sorrows, sufferings and contradictions with which this life is filled.

### **Pray Hail Mary, Our Father and 7 Glory Be's**

**Final Prayer:**

O Lord give me the endurance to patiently await the Promise Land. May all that you have to give dwell deep within me bringing comfort to the sick, hope for the despairing, peace for the dying. **Amen.**

**Day Four: Desire the Gifts Live the Fruit of the Spirit  
Patience**

**Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

**Pope Francis shares**

"Patience is not a sign of weakness, but the strength of spirit that enables us to 'carry the burden' of personal and community problems, to accept others as different from ourselves, to persevere in goodness when all seems lost, and to keep advancing even when overcome by fatigue and listlessness."

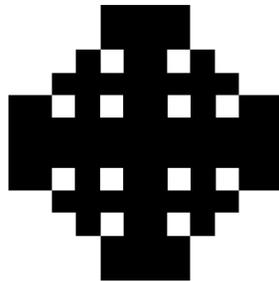
*Celebrating the World Day for Consecrated Life Feb. 2, 2021*

**Scripture Reading: Romans 5:3-5**

More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

The Word of the Lord.

**Thanks be to God.**



**Response: To you, Lord, I lift up my soul, O my God.**

Lord, show your ways to me. Teach me in your paths and keep me in the ways of your truth, for you are the God that saves me

**Response: To you, Lord, I lift up my soul, O my God.**

The Lord is so good, so holy; sinners find the way, and in all that is right he guides the humble. The poor he leads in his pathways.

**Response: To you, Lord, I lift up my soul, O my God.**

All day long I hope in your goodness. Remember your love, the love that you promised long ago, and the kindness that you gave from of old.

**Response: To you, Lord, I lift up my soul, O my God.**

## **Reflection**

### **Prayer for the Fruit of the Spirit Patience**

O Divine Consoler, sweet Comforter of all who suffer and are tried by adversity, grant me patience to bear meritoriously the trials and troubles of my daily life. **Amen.**

### **Pray Hail Mary, Our Father and 7 Glory Be's**

#### **Final Prayer:**

O Lord give me the patience to await the promise of abundant life. May all that you have to give come dwell deep within me bringing the gifts you bestow a place to grow and be shared so as to help grow the kingdom of God. **Amen.**

## **Day Five: Desire the Gifts Live the Fruit of the Spirit Kindness / Meekness**

#### **Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

## **Pope Francis shares**

“Meekness conquers so many things. Meekness is capable of winning the heart, saving friendships and much more, because people become angry but then calm down, think about it and get back on their feet, and so we can be rebuilt with meekness. The "land" to be conquered with meekness is the salvation of the brother of whom Matthew's Gospel speaks: "If he listens to you, you will have won over your brother" (Mt 18:15). There is no land more beautiful than the heart of others, there is no more beautiful territory to gain than the peace found with a brother. And that is the land to be inherited with meekness!”

## **Scripture Reading: Philippians 4:4-6**

Rejoice in the Lord always, I shall say it again, rejoice! Your kindness should be known to all. The Lord is near. Have no anxiety at all, but in everything, by prayer and petition with thanksgiving make your request known to God.

The Word of Lord.

**Thanks be to God.**

## **Response: The earth is full of the goodness of the Lord.**

Upright is the word of the Lord and all his works are trustworthy. He loves justice and righteousness; of the kindness of the Lord the earth is full.

## **Response: The earth is full of the goodness of the Lord.**

See the eyes of the Lord are upon those who fear him, upon those who hope for his kindness. To deliver them from death and preserve them in spite of famine.

## **Response: The earth is full of the goodness of the Lord.**

Our soul waits for the Lord, who is our help and our shield. May your kindness O Lord be upon us who have put our hope in you.

## **Response: The earth is full of the goodness of the Lord.**

## **Reflection**

### **Prayer for the Fruit of the Spirit Kindness/ Meekness**

Do you have the desire to embrace a life of holiness and to imitate Christ? This desire comes straight from the Holy Spirit who teaches us how to respond to every situation with holy actions, words and attitudes. We desire the fruit of meekness to fill us. **Amen.**

## **Pray Hail Mary, Our Father and 7 Glory Be's**

**Final Prayer:**

O Lord, may the Spirit of kindness/meekness aid us in accepting one another and ourselves in our limitations and weaknesses. We ask in all humbleness that you may increase and we might decrease as to rely evermore on you and your infinite power and goodness. Amen.

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**Day Six: Desire the Gifts Live the Fruit of the Spirit  
Goodness/ Generosity****Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

**Pope Francis shares**

“The communion and unity that exists between Christians show the richness of the gifts distributed by the Holy Spirit. Let us remember this well, being part of the Church means being united to Christ and receiving from Him the divine life that makes us live as Christians; it means remaining united to the Pope and the Bishops who are instruments of unity and communion, and it also means overcoming personal interests and divisions, in order to understand each other better, to harmonize the variety and richness of each member; in a word, to love God and the people who are next to us more, in the family, in the parish, in the associations. In order for the Body to live, all its limbs must be united. Unity is beyond all conflict.”

**Scripture Reading: Ephesians 5:8-14**

For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them. It is shameful even to mention what the disobedient do in secret. But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. This is why it is said:

“Wake up, sleeper,  
rise from the dead,  
and Christ will shine on you.”

The Word of the Lord.

**Thanks be to God.**

**Response: Forever I will sing the goodness of the Lord.**

The favors of the Lord I will sing forever, through all the generations my mouth shall proclaim your faithfulness.

**Response: Forever I will sing the goodness of the Lord.**

For you have said, My kindness is established forever in heaven, you have confirmed your faithfulness.

**Response: Forever I will sing the goodness of the Lord.**

I have found David, my servant with my holy oil I have anointed him. That my hand may be always with him and that my arm may make him strong. Hear O Lord and have pity on me O Lord, be my helper. You changed my mourning into dancing O Lord, my God, forever will I give you thanks.

**Response: Forever I will sing the goodness of the Lord.**

My faithfulness and my mercy shall be with him and through my name shall his horn be exalted. He shall say of me, You are my father, my God the Rock, my Savior.

**Response: Forever I will sing the goodness of the Lord.**

**Reflection**

**Prayer for the Fruit of the Spirit Goodness**

O Holy Spirit delightful guest of our souls, impart to me the sacred and most desirable Fruit of Goodness in my relations with others. May I faithfully practice the goodness of the Sacred Heart of Jesus carefully to avoid all uncharitableness in thought, word, and act and bear the goodness of Christ. **Amen.**

**Pray: Hail Mary, Our Father and 7 Glory Be's**

**Final Prayer:**

May we respect and honor all of creation. Help us to move toward protecting the beauty of this world and the sanctity of all life. May those who suffer at the hands of destruction be lifted up and sustained by your goodness. **Amen.**

## **Day Seven: Desire the Gifts Live the Fruit of the Spirit Faithfulness**

### **Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

### **Pope Francis shares**

“The Church needs the Holy Spirit! How could we do without it! Every Christian in his or her life requires a heart open to the sanctifying action of the Holy Spirit. The Spirit, promised by the Father, is he who reveals Jesus Christ to us, but who makes us...gives us the possibility to say: Jesus! Without the Spirit, we could not say this. He reveals Jesus Christ, who leads us to a personal encounter with him, and who, in so doing, changes our life. A question: Is this your experience? Share it with others! In order to share this experience, you must live it and witness to it!”

### **Scripture: Hebrews 11:1-12**

Faith is the realization of what is hoped for and evidence of things not seen. Because of it the ancients were well attested. By faith we understand that the universe was ordered by the word of God, so that what is visible came into being through the invisible. By faith Abel offered to God a sacrifice greater than Cain's. Through this he was attested to be righteous. God bearing witness to his gifts, and through this, though dead, he still speaks. By faith Enoch was taken up so that he should not see death, and he was found no more because God had taken him before he was taken up he was attested to have pleased God. But without faith it is impossible to please him, for anyone who approaches God must believe that he exists and that he rewards those who seek him. By faith Noah, warned about what was not yet seen with reverence, built an ark for the salvation of his household. Through this he condemned the world and inherited the righteousness that comes through faith. By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance; he went out not knowing where he was to go. By faith he sojourned in the promised land as in a foreign country, dwelling in tents with Isaac and Jacob, heirs of the same promise. For he was looking forward to the city with foundations whose architect and maker is God. By faith he received power to generate, even though he was past the normal age and Sarah herself was sterile for he thought that the one who had made the promise was trustworthy. So it was that there came forth from one man himself as good as dead, descendants as numerous as the stars in the sky and as countless as the sands on the seashore. The Word of the Lord. **Thanks be to God.**

**Response: Lord, you fill the earth with the fruit of your works, alleluia.**

From your dwelling you water the hills, earth drinks its fill of your gift. You made the grass grow for the cattle and the plants to serve man's needs.

**Response: Lord, you fill the earth with the fruit of your works, alleluia.**

The tress of the Lord drink their fill, the cedars he planted on Lebanon, there the birds build their nests on the tree-top, the stork has his home. The goats find a home on the mountains and rabbits hide in the rocks.

**Response: Lord, you fill the earth with the fruit of your works, alleluia.**

At the rising of the sun they steal away and go to rest in their dens. Man goes forth to his work, to labor till evening falls.

**Response: Lord, you fill the earth with the fruit of your works, alleluia.**

## **Reflection**

### **Prayer for the Fruit of the Spirit Faithfulness**

O Holy Spirit, God of unchangeable truth, I thank you for the priceless gift of faith which you have of your pure mercy bestowed on me. May the bright flame of this Divine virtue bring faithfulness to all I do in your name. **Amen.**

### **Pray Hail Mary, Our Father and 7 Glory Be's**

#### **Final Prayer:**

Help us Lord to grow in fidelity that all our words, actions, and deeds may be what you desire. Give us the selfless love that allows us to do all things out of being loved by you. May that deep compassion for others be fortified by surrender to your faithfulness. **Amen.**

## **Day Eight: Desire the Gifts Live the Fruit of the Spirit Gentleness**

#### **Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

## **Pope Francis shares**

“The language of Christians who cherish the Holy Spirit, who was given to us as a gift, is special: they don’t have to speak in Latin, no. It’s another language: it’s the language of gentleness and respect,” *Mass at Rome’s St. Peter Damiani parish , May 21, 2017*

## **Scripture Reading: Philippians 4:6-9**

Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing what you have learned and received and heard and seen in me. Then the God of peace will be with you. The Word of the Lord. **Thanks be to God.**

### **Response: The Lord is my Shepherd, nothing shall I want.**

The Lord is my Shepherd; I shall not want. He makes me lie down in fields of green. Leading and restoring me to waters of peace, the Lord has given to my soul relief.

### **Response: The Lord is my Shepherd, nothing shall I want.**

He guides me to walk in the right paths. My Shepherd proves true to His Name. Even if through valleys dark is where the path leads, You are with me and nothing will I fear!

### **Response: The Lord is my Shepherd, nothing shall I want.**

Your rod and your staff give me courage. Your goodness and kindness follow me. You anoint my head with oil, my cup overflows, even my foes see all you’ve done for me.

### **Response: The Lord is my Shepherd, nothing shall I want.**

I will dwell in Your house all the days of my life!

### **Response: The Lord is my Shepherd, nothing shall I want.**

## **Reflection**

### **Prayer for the Fruit of the Spirit Gentleness**

Thank you, Jesus, for humbling yourself to become obedient to the point of death, even death on a cross. Please work gentleness in our hearts, changing harshness to kindness and abrasiveness to softness. Help us to see other people as you see them: so that knowing another as your beautiful creation, designed by you to do big things in this world I may be receptive with gentleness to them. In Your Name we pray. **Amen.**

## **Pray Hail Mary, Our Father and 7 Glory Be's**

**Final Prayer:** Give me Lord, the ability to be gentle as the Lamb is gentle. May all our labor be life giving to others and restful to our being. May we always seek to be like the Good Shepherd who guides always towards God. Make our efforts fruitful and in your will. **Amen.**

## **Day Nine: Desire the Gifts Live the Fruit of the Spirit Self Control**

### **Pray:**

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

### **Pope Francis shares**

“The Holy Spirit is the soul of the Church. He gives life, he brings forth different charisms which enrich the people of God and, above all, he creates unity among believers: from the many he makes one body, the Body of Christ. The Church’s whole life and mission depend on the Holy Spirit; he fulfills all things. The profession of faith itself, as Saint Paul reminds us in today’s first reading, is only possible because it is prompted by the Holy Spirit: ‘No one can say ‘Jesus is Lord’ except by the Holy Spirit’ (1 Cor 12:3b). When we pray, it is because the Holy Spirit inspires prayer in our heart.”

—*Homily 11/29/14 Istanbul*



## **Scripture Reading: 2 Peter 1: 4-21**

Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires. For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, mutual affection; and to mutual affection, love. For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. But whoever does not have them is nearsighted and blind, forgetting that they have been cleansed from their past sins. Therefore, my brothers and sisters, make every effort to confirm your calling and election. For if you do these things, you will never stumble, and you will receive a rich welcome into the eternal kingdom of our Lord and Savior Jesus Christ. So I will always remind you of these things, even though you know them and are firmly established in the truth you now have. I think it is right to refresh your memory as long as I live in the tent of this body, because I know that I will soon put it aside, as our Lord Jesus Christ has made clear to me. And I will make every effort to see that after my departure you will always be able to remember these things. For we did not follow cleverly devised stories when we told you about the coming of our Lord Jesus Christ in power, but we were eyewitnesses of his majesty. He received honor and glory from God the Father when the voice came to him from the Majestic Glory, saying, "This is my Son, whom I love; with him I am well pleased." We ourselves heard this voice that came from heaven when we were with him on the sacred mountain. We also have the prophetic message as something completely reliable, and you will do well to pay attention to it, as to a light shining in a dark place, until the day dawns and the morning star rises in your hearts. Above all, you must understand that no prophecy of Scripture came about by the prophet's own interpretation of things. For prophecy never had its origin in the human will, but prophets, though human, spoke from God as they were carried along by the Holy Spirit.

The Word of the Lord.      **Thanks be to God.**

**Response: Throw your cares on the Lord, and he will support you.**

And I say, "Had I but wings like a dove, I would fly away and be at rest. Far away would I flee; I would lodge in the wilderness."

**Response: Throw your cares on the Lord, and he will support you.**

I would wait for Him who saves me from the violent storm and the tempest. Engulf them, O Lord; divide their counsels.

**Response: Throw your cares on the Lord, and he will support you.**

In the city I see violence and strife. Day and night they prowl about upon its walls.

**Response: Throw your cares on the Lord, and he will support you.**

Cast you care upon the Lord, and He will support you: never will He permit the just man to be disturbed.

**Response: Throw your cares on the Lord, and he will support you.**

## **Reflection**

### **Prayer for the Fruit of the Spirit Self Control**

They are products of a life lived closely connected to the Spirit of God. The supernatural gifts of the Spirit are recognized by the fruits, by their fruits you will know them. The fruit of a life lived in God is good work and worthy to be praised. O Holy Spirit, Lord of Light, send forth one ray of your pure beaming radiance into my soul, and inflame it with a great esteem and love for the virtue of Purity. Amen.

### **Pray: Hail Mary, Our Father and 7 Glory Be's**

#### **Final Prayer:**

Spirit of the living God, fall afresh on me. Spirit of the living God, fall afresh on me.

O Divine Spirit, melt me, humble me before the Lord.

O Divine Spirit, mold me into the image of Jesus.

O Divine Spirit, fill me with the desire and strength to do the Father's will.

O Divine Spirit, use me for the glory of God the Father. Spirit of the Living God, fall afresh on me.

May the Spirit of Self-control fill us with interior liberty that despite our weakness, God will give us strength for every trial and temptation out of His steadfast love. Amen.



# Prayers to the Holy Spirit

## **Litany of the Holy Spirit**

*REPEATED EACH DAY*

Lord, *have mercy on us.*  
Christ, *have mercy on us.*  
Lord, *have mercy on us.*

God the Father of heaven, *have mercy on us.*  
God the Son,  
God the Holy Spirit,  
Holy Trinity, one God,  
Divine Essence, one true God,  
Spirit of truth and wisdom,  
Spirit of holiness and justice,  
Spirit of understanding and counsel,  
Spirit of love and joy,  
Spirit of peace and patience,  
Spirit of longanimity and meekness,  
Spirit of benignity and goodness,  
Love substantial of the Father and the Son,

Love and life of saintly souls, *have mercy on us.*  
Fire ever burning,  
Living water to quench the thirst of hearts,

From all evil, *deliver us, O Holy Spirit.*  
From all impurity of soul and body,  
From all gluttony and sensuality,  
From all attachments to the things of the earth,  
From all hypocrisy and pretense,  
From all imperfections and deliberate faults,  
From self-love and self-judgment,  
From our own will,  
From slander,  
From deceiving our neighbors,  
From our passions and disorderly appetites,  
From our inattentiveness to your holy inspiration,  
From despising little things,  
From debauchery and malice,  
From love of comfort and luxury,  
From wishing to seek or desire anything other than you,  
From everything that displeases you.

## Cardinal Mercier

O Holy Spirit, beloved of my soul, I adore You. Enlighten me, guide me, strengthen me, console me. Tell me what I should do; give me Your orders. I promise to submit myself to all that You desire of me and to accept all that You permit to happen to me. Let me only know Your Will.

## St. Augustine's Prayer to the Holy Spirit

Breathe in me, O Holy Spirit, that my thoughts may all be holy.  
Act in me, O Holy Spirit, that my work, too, may be holy.  
Draw my heart, O Holy Spirit, that I love but what is holy.  
Strengthen me, O Holy Spirit, to defend all that is holy.  
Guard me then, O Holy Spirit, that I always may be holy.

## Come, Holy Ghost (Veni Creator Spiritus)

Come, Holy Ghost, Creator blest, and in our hearts take up Thy rest; come with Thy grace and heav'nly aid, To fill the hearts which Thou hast made.  
O Comforter, to Thee we cry, Thou heav'nly gift of God most high, Thou Fount of life, and Fire of love, and sweet anointing from above.  
O Finger of the hand divine, the sevenfold gifts of grace are thine; true promise of the Father thou, who dost the tongue with power endow.  
Thy light to every sense impart, and shed thy love in every heart; thine own un-failing might supply to strengthen our infirmity.  
Drive far away our ghostly foe, and thine abiding peace bestow; if thou be our preventing Guide, no evil can our steps betide.  
Praise we the Father and the Son and Holy Spirit with them One; and may the Son on us bestow the gifts that from the Spirit flow.  
V. Send forth Thy Spirit, and they shall be created. R. And Thou shalt renew the face of the earth.

## Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven, you promised to send the Holy Spirit to your apostles and disciples. Grant that the same Spirit may perfect in our lives the work of your grace and love. Grant us the **Spirit of fear of the Lord** that we may be filled with loving reverence toward you; the **Spirit of piety** that we might find peace and fulfillment in the service of God while serving others; the **Spirit of fortitude** that we may bear our cross with you and with courage, overcome the obstacles that interfere with our salvation; the **Spirit of knowledge** that we may know you and know ourselves and grow in holiness; the **Spirit of understanding** to enlighten our minds with the light of your truth; the **Spirit of counsel** that we may choose the surest way of doing your will, seeking first the kingdom. Grant us **the Spirit of wisdom** that we may aspire to the things that last forever. Teach us to be your faithful disciples and animate us in every way with your Spirit. Amen.

## **Millennium Prayer**

Come Holy Spirit fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth. All powerful God, Father of our Lord Jesus Christ, by water and the Holy Spirit you freed us from sin and gave us new life. Send your Holy Spirit upon us to be our helper and guide. Give us the spirit of wisdom and understanding, the Spirit of right judgment and courage, the spirit of knowledge and reverence. Fill us with the Spirit of Wonder and Awe in your presence. Through Christ our Lord. Amen.

## **Songs**

### **Let the Fire Fall**

Holy Spirit (echo) set my life on fire  
Holy Spirit set my life on fire  
Come Holy Spirit let the fire fall (repeat)  
Let the fire fall, let the fire call  
    **Verse 2:** Holy Spirit purify my heart  
    **Verse 3:** Holy Spirit come into my life

### **Breathe on Me, Holy One**

Draw me to the living waters  
Cleanse me in that crystal stream  
Wash me in the Waters of Life  
Seal me with the Spirit of Christ, my Lord

Breathe on me, Breathe of God  
Rest on me, Heavenly Dove  
Breathe on me, Holy One  
Come, Holy Spirit, Come

### **Come Holy Ghost**

Come Holy Ghost, Creator blest;  
And in our hearts take up Thy rest.  
Come with Thy grace and heav'nly aid  
To fill the hearts which Thou hast made.  
To fill the hearts which Thou hast made.

O Comforter, to Thee we cry;  
Thou heav'nly gift of God most high.  
Thou font of life and fire of love.  
And sweet anointing from above  
And sweet anointing from above

Praise be to Thee, Father and Son.  
And Holy Spirit, Three in One  
And may the Son on us bestow,  
The gifts that from the Spirit flow,  
The gifts that from the Spirit flow.

### **Come Holy Spirit I Need You**

Come Holy Spirit, I need you  
Come sweet Spirit, I pray  
Come in your strength and your power  
Come in your own gentle way

Come as a rest to the weary  
Come as a balm to the sore  
Come Lord as strength to my weakness  
Fill me with joy evermore

Come Holy Spirit, I need you  
Come sweet Spirit, I pray  
Come in your strength and your power  
Come in your own gentle way

Come like a spring in the desert  
Come to the withered of soul  
Lord let your sweet healing power  
Touch me and make me whole



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