



## Life in the Spirit Seminar Goals

1. Help participants establish, re-establish or deepen their individual relationship with God through Jesus, the Christ.
2. Help participants yield to the ongoing presence of the Holy Spirit in their lives. God is active in the lives of believers.
3. As believers, we are called to membership in a faith community and to a life of service using the gifts, fruits and charisms offered through the Holy Spirit.
4. New Life means a life of discipleship and growth into Christ Jesus. As Christians, we need effective means of growth, such as small faith-sharing groups, prayer, study, sacraments and the reading of Scripture.

## Life in the Spirit Seminar Topics

**Week 1: God's Love**

**Week 2: God Saves Us**

**Week 3: New Life**

**Week 4: Receiving God's Gifts**

**Week 5: Receive the Holy Spirit**

**Week 6: Growth**

**Week 7: Transformation**

## Typical Weekly Format

(1-1/2 hours)

**Opening Prayer**

**Presentation or talk**

**Witness about the session topic**

**Small sharing groups**

**Closing Prayer**

**Refreshments**



## What is Baptism in the Spirit?

Just what does it mean to be baptized in the Spirit? For everyone, the “release of the Spirit” entails a new or deeper experience of God, which can become a springboard into a fuller Christian life and witness. At the same time, it is a highly personal experience, tailored to each individual by the Spirit who knows our needs and respects our uniqueness.

Commonly, though, people report that being baptized in the Spirit has meant that God is now “real” for them, or “more real” than before. They feel closer to God and want to relate more deeply to God, especially in prayer and community. Jesus is no longer a distant figure. He “comes alive” for them as Lord, Savior, Teacher and Mediator. Worship and the Eucharist now spring from the heart instead of being mere formalities.

Quite frequently, people also find that the Bible suddenly makes sense: it seems to be speaking directly to them. They enjoy – often for the first time – reading the Word of God for its wisdom and inspiration.

Out of all this a new spiritual strength within enables them to talk to others about their enlivened faith and to assist others to receive the same gift.

*DOVE PUBLICATIONS*



For more information, contact:

Catholic Renewal Center  
314.731.6100 or  
email:  
[janeguenther@archstl.org](mailto:janeguenther@archstl.org)



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**What  
Is  
The  
Life  
In  
The  
Spirit  
Seminar?**

**It is a Catholic spiritual process of seven teaching sessions, each building upon the previous one. It will include speakers, scripture, music, prayer and small groups.**