

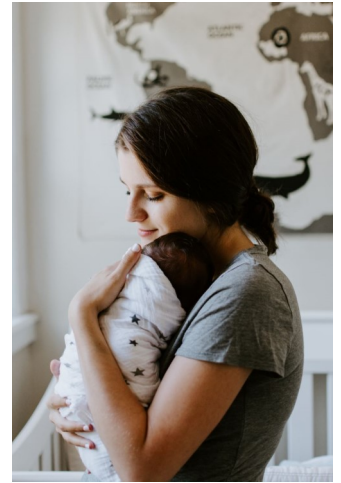


Step 1: Praying to Save Preborn Children & Protect Missouri Women

"Only with prayer...will the culture of death that surrounds us today be replaced with a Culture of Life."

~ USCCB Pastoral Plan for Pro-Life Activities

This flyer outlines ways to implement **Step 1: Pray** of the "5 Things You Can Do *Right Now* to Save the Preborn and Protect Missouri Women." Be bold and confident in asking our Good Lord's help in stopping any pro-abortion initiative petitions that may appear on the fall 2024 ballot. Pray and invite others to pray to save babies and protect moms.



1. Join or Start Regular Prayers for Life

Participate in existing pro-life prayer opportunities or ask your pastor to start new ones at your parish.

- Resources for pro-life Holy Hours, Litanies, Rosaries, petitions, and more: usccb.org/pro-life-prayer
- Pray intentionally for this effort through the Archdiocesan 30 Prayer Days for Life: bit.ly/30DaysForLife-2024

2. Join in National Prayers Efforts

Pray with Catholics nationwide during the

- 9 Days for Life Novena (January) respectlife.org/9-days-signup
- Respect Life Month Novena (October) respectlife.org/respect-life-month
- National Night of Prayer for Life (December) STLRespectLife.org
- Walking with Moms Prayers (Monthly) walkingwithmoms.com/pray-for-moms

3. Fast and Pray

Fasting, or offering something up to God out of love for Him and others, is another powerful spiritual practice in addition to your pro-life prayers.

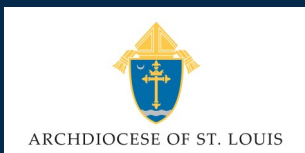
4. Spiritual Adoption

Spiritual adoption involves praying for preborn children and their mothers, learning about fetal development, and taking part in a local Walking with Moms effort. Contact the RLA for free program materials and to learn more.

5. Prayer and Peaceful Witness

Save lives and change hearts through prayer and peaceful public witness during:

- Life Chain (Local Parishes)
- Midwest March for Life (Jefferson City)
- March on the Arch (St. Louis)
- 40 Days for Life (Missouri and Illinois)
- March for Life (Washington, DC)



For additional resources about the Missouri Ballot Initiative:
Respect Life Apostolate - Archdiocese of St. Louis
prolife@archstl.org — archstl.org/respect-life-apostolate/programs/public-policy

