

Stronger Women, Stronger Men

“To a great extent the level of any civilization is the level of its womanhood. When a man loves a woman, he has to become worthy of her. The higher her virtue, the more noble her character, the more devoted she is to truth, justice, goodness, the more a man has to aspire to be worthy of her.” (Fulton Sheen) A man, in order to be worthy of a virtuous woman, must inevitably become virtuous himself. Virtuous men become the protectors of women and children that God intended them to be, and evils like abortion are extinguished.

As a young woman, I can promote the culture of life simply by striving for virtue. This can be done in the smallest of everyday tasks, but adds up over time, and impacts those around me. Daily opportunities for growing in virtue include patiently helping a younger sibling with homework, treating classmates with kindness and doing household chores without complaint. Another particularly important virtue for women is modesty. While modesty in dress is obviously essential and affects those we interact with, modesty in our speech and actions is also important.

When people see others they respect acting virtuously, they want to imitate that. By our good example, we can help those around us to become holier. When women around us are inspired to grow in virtue, it has an effect that spreads to those that they interact with, especially men. The men in turn grow stronger themselves, and when they become strong in virtue, they adopt their natural role as protectors, inevitably promoting a culture of life.

Strong men will become strong fathers, raising their children to respect life and protecting them when they are in danger of abortion. They not only protect children, but women as well, cherishing and honoring their God-given dignity. Some will also become priests who will promote a culture of life by praying outside abortion clinics, preaching Catholic doctrine on the dignity of life and supporting Catholic families. Let us strive to live virtuously every day, knowing that even our smallest actions can help create a culture of life.

Sera “Juliet” Siemer