

ARCHBISHOP'S COMMITTEE FOR EUCHARISTIC ADORATION

Newsletter 9



February 28, 2015

Dear Parish Coordinator of Eucharistic Adoration,
(Please forward to coordinator)

This newsletter will be archived on our webpage where you may find helpful information to assist in maintaining and promoting Adoration. www.archstl.org/adoration

PRAY, SACRIFICE, INVITE

SUGGESTIONS:

- Reach out to the various committees and groups in your parish, such as the Knights of Columbus or St. Vincent de Paul. Ask them to encourage and promote, among their members, to commit to a holy hour with Jesus.
- In the beginning stages of adoration at St. Paul parish, in St. Paul, each family was asked to be responsible for one holy hour a week. Perpetual Adoration began with this promotion.
- A person, who is single, from St. Catherine Laboure, became the hourly captain for the 6:00 PM holy hour and recruited her single friends to commit to that time. Offering their time during the dinner hour was less disruptive for them and was helpful to those with families.
- Incarnate Word asked a parish committee to be responsible for a vacant hour on Saturday at 8 PM until someone committed to that holy hour. The person responsible contacted the committee members each month to determine who would be the substitute for each week. The 7:00 PM adorer was then made aware of who would be substituting by e-mail with contact information.
- Is someone committed to more than two hours at your parish? Pray and work to bring others to Jesus. He invites everyone to spend time with Him, not just a few. Pray to St. Andrew, asking him for assistance to bring others to Christ.

Do you have a suggestion of how to inspire and encourage our children in schools, PSR and young adults to attend Eucharistic Adoration? If so, please share your suggestions by sending them to: stladoration@gmail.com or call Patti @ 314-576-2938.

9. What is the difference between Eucharistic adoration and Eucharistic exposition?

Eucharistic adoration is prayer before the Blessed Sacrament housed within the tabernacle. Eucharistic exposition is the ritual by which the Blessed Sacrament is displayed outside the tabernacle in a monstrance or ciborium for public veneration by the faithful. It is a public celebration that enables the faithful to perceive more clearly the relationship between the reserved Sacrament and the "sacrifice of the Mass [which] is truly the origin and the purpose of the worship that is shown to the Eucharist outside the Mass."

Reprinted from *Thirty-one Questions on Adoration of the Blessed Sacrament* published by the Bishop's Committee on the Liturgy from the USCCB – www.usccbpublishing.org/searchproducts.cfm

A story from the life of St. Francis of Assisi illustrates how the awareness of a priest's hands can help bring about a deeper purification in the heart. The saint was close to the end of his life, unable to walk and suffering from an eye disease and the stigmata. As he was brought through a region, some people from a nearby town came to ask for his help with their parish priest. They had discovered that their priest was involved in a scandalous relationship with a woman of that town. The saint was brought to the town and placed before the priest in front of everyone. They thought that the saint would upbraid the fallen priest. St. Francis instead fell to his knees, took the priest's hands into his own stigmatized hands, kissed them and said, "All I know and all I want to know is that these hands give me Jesus." It was said that the priest was converted.

Without Catholic priests there would be no Eucharist to nourish, or transform us, or the Real Presence of Jesus to adore. St. Francis prayed and encouraged prayer for priests. Please include prayers for the sanctification of priests and for holy vocations to the priesthood and consecrated religious life during your time with Jesus.