

ARCHBISHOP'S COMMITTEE FOR EUCHARISTIC ADORATION

Newsletter 8



December 8, 2014

Dear Parish Coordinator of Eucharistic Adoration,
(Please forward to coordinator)

This newsletter will be archived on our webpage where you may find helpful information to assist in maintaining and promoting Adoration. www.archstl.org/adoration

PRAY, SACRIFICE, INVITE

SUGGESTIONS

- School children, at Our Lady of Lourdes parish in University City, regularly visit the Most Blessed Sacrament on Mondays when they have Exposition. Teachers bring the children as a class throughout the day. This practice begins in kindergarten to promote love of the Eucharist.
- Use language that is difficult to resist when inviting someone to commit to a holy hour. For example: "Can you spend an hour with Jesus?" Rather than "Can you do a Holy Hour." We all desire to be with Jesus!
- You may wish to have a bulletin board in your chapel with gentle reminders: please do not use cell phones, silence is to be observed, and no food or drink.
- If an adorer is late, ask their Guardian Angel to remind them of their time with Jesus. If it is necessary that you must leave, call the adorer or the captain to inform them of the situation and wait for them to arrive. Staying an extra hour will be the means of many graces for you. If the adorer is late more than once, contact the hourly captain, division leader or parish coordinator. It is a blessing and responsibility to have Eucharistic Adoration.
- Do you have a suggestion of how can we inspire and encourage our children in schools, PSR and young adults to attend Eucharistic Adoration? If so, please share your suggestions by sending them to: stladoration@gmail.com or call Patti @ 314-576-2938.

8. Should priests encourage the faithful to pray before the Blessed Sacrament?

Pope Paul VI urged that the faithful "should not forget about paying a visit during the day to the Most Blessed Sacrament in the very special place of honor where it is reserved in churches in keeping with the liturgical laws, since this is proof of gratitude and a pledge of love and a display of the adoration that is owed to Christ the Lord who is present there." "Pastors should see that churches and public oratories where, according to law, the holy Eucharist is reserved, are open every day at least for some hours, at a convenient time, so that the faithful may easily pray in the presence of the Blessed Sacrament."

Reprinted from *Thirty-one Questions on Adoration of the Blessed Sacrament* published by the Bishop's Committee on the Liturgy from the USCCB – www.usccbpublishing.org/searchproducts.cfm

"To speak of the Blessed Sacrament is to speak of what is most sacred. How often, when we are in a state of distress, those to whom we look for help leave us; or what is worse, add to our affliction by heaping fresh troubles upon us. He is ever there waiting to help us."

- St. Euphrasia Pelletier, Foundress of the Sisters of the Good Shepherd.

"When you look at the Crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host you understand how much Jesus loves you now."

- Blessed Mother Teresa of Calcutta

**Save the date for the next Lay
Eucharistic Conference, Feb 28, 2015
with Most Reverend Edward M. Rice.**