

ARCHBISHOP'S COMMITTEE FOR EUCHARISTIC ADORATION NEWSLETTER



September 25, 2013

Dear Parish Coordinator of Eucharistic Adoration,
(please forward to coordinator)

Recently, parishes in the Archdiocese have been contacted by members of our committee, asking for an e-mail address of a coordinator or a contact person for Eucharistic Adoration, so that they may be included in our bi-monthly newsletter. The intention of this newsletter is to assist in maintaining and promoting prayer before Our Lord in the Most Blessed Sacrament.

The Archbishop's Committee for Eucharistic Adoration was established in 1997 to support the Archbishop's Strategic Plan Goal #1: To foster conversion through prayer and the Sacraments; and Priority #1: To revitalize participation in the Eucharist, with the primary emphasis on achieving the Archbishop's goal for increased participation in Eucharistic Adoration in the Archdiocese of St. Louis.

In addition to this newsletter, we would like to invite you to visit our webpage where you may find helpful information as well. www.archstl.org/adoration

In the newsletter, we will offer questions and answers from: *Thirty-One Questions on Adoration of the Blessed Sacrament (A Resource of the Bishops' Committee on the Liturgy)* www.usccbpublishing.org/searchproducts.cfm we will also offer helpful suggestions from coordinators. So, we invite you to share your suggestions by sending them to: stladoration@gmail.com or by calling Patti @ 314-576-2938.

Our first suggestion for all coordinators is to sacrifice, and pray before Our Lord for faithful committed adorers. Second suggestion: invite others to adoration and to substitute. Without faithful committed adorers Exposition of the Most Blessed Sacrament would be impossible.

Why have Eucharistic Adoration?

1. If the Mass is the source and summit of the entire Christian life, then why have Eucharistic adoration?

The celebration of the Most Holy Eucharist is, certainly, the "fount and apex" of the entire Christian life. Yet the "spiritual life...is not limited solely to participation in the liturgy". Pope John Paul II calls worship of the Most Holy Eucharist outside Mass "an important daily practice [that] becomes an inexhaustible source of holiness" and a practice "of inestimable value for the life of the Church," so much so that "it is the responsibility of Pastors to encourage, also by their personal witness, the practice of Eucharist adoration, and exposition of the Blessed Sacrament in particular, as well as prayer of adoration before Christ present under the Eucharistic species."

Reprinted from *Thirty-one Questions on Adoration of the Blessed Sacrament* published by the Bishop's Committee on the Liturgy from the USCCB

"Beneath the veil of the Eucharistic Elements is contained the Invisible Head of the Church, the Redeemer of the world, the Center of all hearts, through Whom all things are and through Whom we exist." (Pope Paul VI)