



ALL THINGS NEW

STEADFAST IN FAITH • FORWARD IN HOPE



Created Anew

by the Body and Blood of Christ,
Source of Our Healing and Hope

EUCHARISTIC REFLECTION

FEAST OF THE EPIPHANY

The Feast of the Epiphany Homily on January 6th from Pope Francis gives us these words to chew on for the importance of Eucharistic Adoration.

“At the end of the Magi’s journey came the climactic moment: once they arrived at their destination, “they fell down and worshiped the Child” (cf. v. 11). *They worshiped*. Let us we never forget this: the journey of faith finds renewed strength and fulfilment only when it is made in the presence of God. Only if we recover our “taste” for adoration will our desire be rekindled. Desire leads us to adoration and adoration renews our desire.

For our desire for God can only grow when we place ourselves in his presence. For Jesus alone heals our desires. From what? From the tyranny of needs. Indeed, our hearts grow sickly whenever our desires coincide merely with our needs. God, on the other hand, elevates our desires; he purifies them and heals them of selfishness, opening them to love for him and for our brothers and sisters. This is why we should not neglect adoration, that prayer of silent adoration which is not so common among us. Please let us not forget adoration.”

FEAST OF THE BAPTISM OF THE LORD

Right at the beginning of the spiritual journey of Catherine of Sienna, the Lord said: “do you know daughter, who you are and who I am? If you know these two things, you will be happy. You are not, and I am who is.

If you hold this knowledge in your soul the enemy will not be able to mislead you, you will be safe from all his threats; you will never accept to do any thing contrary to my commandments and you will have no difficulty in obtaining abundant grace, truth and light” (Raimondo da Capua, *La vita di S. Caterina da Siena*, I, X, 92, ed. Cantagalli).

Although with different words, John the Baptist offered his disciples the same teaching: “He must grow greater, I must grow less”; in order to make way for the Everything He is, we who are nothing must forget ourselves. This is the extraordinary dynamic of the conversion announced by the Baptist and repeated by Jesus: lose oneself in order to find God, become little in order to be great, be the least in order to become the first in the Kingdom of Heaven!



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The path of humility teaches us to see God's gifts in ourselves and in others, a sign of the goodness He pours into the hearts of his creatures. Those who follow the example of Jesus, Mary, Joseph and John the Baptist, will be open to joyous testimony of God's gifts and remove from their soul all trace of jealousy and rivalry, envy and ambition, because they will understand that the only true greatness lies in allowing to grow in their soul not self, but the only True Great One. God!

And of this, Mary is the greatest example. We are given in every Eucharist an opportunity to grow in humility, to accept the very gift of God into our bodies so that transformed interiorly we may serve others in charity.