



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Wednesday of Holy Week
Lectionary: 259**

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Is 50:4-9a

The Lord GOD has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them. Morning after morning he opens my ear that I may hear; And I have not rebelled, have not turned back. I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I did not shield from buffets and spitting.

The Lord GOD is my help, therefore I am not disgraced; I have set my face like flint, knowing that I shall not be put to shame. He is near who upholds my right; if anyone wishes to oppose me, let us appear together. Who disputes my right? Let him confront me. See, the Lord GOD is my help; who will prove me wrong?

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Wednesday of Holy Week
Lectionary: 259**

Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on *“I believe that God wants me to today/this week.”*
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps 69:8-10, 21-22, 31 and 33-34

R. (14c) Lord, in your great love, answer me.

For your sake I bear insult, and shame covers my face. I have become an outcast to my brothers, a stranger to my mother’s sons, because zeal for your house consumes me, and the insults of those who blaspheme you fall upon me.

R. Lord, in your great love, answer me.

Insult has broken my heart, and I am weak, I looked for sympathy, but there was none; for consolers, not one could I find. Rather they put gall in my food, and in my thirst they gave me vinegar to drink.

R. Lord, in your great love, answer me.

I will praise the name of God in song, and I will glorify him with thanksgiving: “See, you lowly ones, and be glad; you who seek God, may your hearts revive! For the LORD hears the poor, and his own who are in bonds he spurns not.”

R. Lord, in your great love, answer me.

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don’t get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on *“Where does the content of this reading touch my life today?”*
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Wednesday of Holy Week
Lectionary: 259**

- The fourth reading, pause for 2-3 minutes reflecting on *“I believe that God wants me to today/this week.”*
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise.
In a group setting, you can share your reflection or simply pass.

Verse Before the Gospel

Hail to you, our King; you alone are compassionate with our errors.

Or

Hail to you, our King, obedient to the Father; you were led to your crucifixion like a gentle lamb to the slaughter.

Gospel

Mt 26:14-25

One of the Twelve, who was called Judas Iscariot, went to the chief priests and said, “What are you willing to give me if I hand him over to you?” They paid him thirty pieces of silver, and from that time on he looked for an opportunity to hand him over.

On the first day of the Feast of Unleavened Bread, the disciples approached Jesus and said, “Where do you want us to prepare for you to eat the Passover?” He said, “Go into the city to a certain man and tell him, ‘The teacher says, my appointed time draws near; in your house I shall celebrate the Passover with my disciples.’”“ The disciples then did as Jesus had ordered, and prepared the Passover.

When it was evening, he reclined at table with the Twelve. And while they were eating, he said, “Amen, I say to you, one of you will betray me.” Deeply distressed at this, they began to say to him one after another, “Surely it is not I, Lord?” He said in reply, “He who has dipped his hand into the dish with me is the one who will betray me. The Son of Man indeed goes, as it is written of him, but woe to that man by whom the Son of Man is betrayed. It would be better for that man if he had never been born.” Then Judas, his betrayer, said in reply, “Surely it is not I, Rabbi?” He answered, “You have said so.”