

**ARCHBISHOP'S COMMITTEE FOR
EUCHARISTIC ADORATION**
Newsletter 4



April 30, 2014

Dear Parish Coordinator of Eucharistic Adoration,
(Please forward to coordinator)

This newsletter will be archived on our webpage where you may find helpful information to assist in maintaining and promoting Adoration. www.archstl.org/adoration

PRAY, SACRIFICE, INVITE

SUGGESTION

Enlist the assistance of an outside speaker to talk on Adoration. At the Pastor's invitation, the Most Reverend Robert J. Hermann is available to speak at parishes to assist in promoting Eucharistic Adoration. Your pastor may contact Bishop Hermann by letter, phone or e-mail rhermann@archstl.org

At one parish, the CRHP women began meeting regularly at Adoration to pray the rosary. They published it in the bulletin and invited others to join them. They have also encouraged the school to spend time in church during Adoration, providing the materials for children, found at www.archstl.org/adoration

If parish coordinator or times of Adoration have changed since July 2013, please contact:
Betty @ 314-837-0446 with the new information.

If you have a suggestion on how to inspire and encourage our children in schools, PSR and young adults to attend Eucharistic Adoration, please share your ideas by sending them to: stladoration@gmail.com or call Patti @ 314-576-2938.

4. What happens as we contemplate the presence of Christ in the Blessed Sacrament?

"When we contemplate Christ present in the Blessed Sacrament we are given the opportunity to thank Him for His passion, death, and glorious resurrection, the marvelous saving act that brought about our redemption. Christ draws near to us, more intimate with us than we are with ourselves. He strengthens our share in His divine life, the life that transforms us into His likeness and, in the Spirit, He gives us access to the Father. As Pope John Paul II reflected in his encyclical letter:

"It is pleasant to spend time with Him, to lie close to His breast like the Beloved Disciple (cf. Jn 13:25) and to feel the infinite love present in His heart. If in our time Christians must be distinguished above all by the 'art of prayer,' how can we not feel a renewed need to spend time in spiritual converse, in silent adoration, in heartfelt love before Christ present in the Most Holy Sacrament? How often, dear brothers and sisters, have I experienced this, and drawn from it strength, consolation and support."

Reprinted from *Thirty-one Questions on Adoration of the Blessed Sacrament* published by the Bishop's Committee on the Liturgy from the USCCB – www.usccbpublishing.org/searchproducts.cfm

"It was in His flesh that Christ walked among us, and it is His flesh that He has given to us to eat for our salvation. No one, however, eats of this flesh without first having adored it...and not only do we not sin in thus adoring it, but we would sin if we did not do so." – St. Augustine