

**ARCHBISHOP'S COMMITTEE FOR  
EUCHARISTIC ADORATION**  
*Newsletter 3*



February 28, 2014

Dear Parish Coordinator of Eucharistic Adoration,  
(Please forward to coordinator)

This newsletter will be archived on our webpage where you may find helpful information to assist in maintaining and promoting Adoration. [www.archstl.org/adoration](http://www.archstl.org/adoration)

## **PRAY, SACRIFICE, INVITE**

### **SUGGESTION**

Have a welcome letter to new parishes inviting them to visit the Adoration Chapel and to commit to a regular holy hour. Call them in a few months and personally invite them to Adoration.

Using the parish directory, begin calling during the early evening hours a few parishioners who are not committed to a Holy Hour. Invite them to spend time with Our Lord. Have a list of Holy Hours that are most in need of assistance available, so these hours may be recommended to whoever is ready to say “yes” and commit to spend an hour with Jesus.

**Can you give an example of what has helped to increase faithful committed adorers at your parish that could be shared with others?**

Share your suggestions by sending them to: [stladoration@gmail.com](mailto:stladoration@gmail.com)  
Or call Patti @ 314-576-2938.

### **Why have Eucharistic Adoration?**

#### **3. What is the importance of Eucharistic devotion?**

*“This practice, repeatedly praised and recommended by the Magisterium, is supported by the example of many saints. Particularly outstanding in this regard was Saint Alphonsus Liguori, who wrote: ‘Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us.’ The Eucharist is a priceless treasure: by not only celebrating it but also by praying before it outside of Mass we are enabled to make contact with the very wellspring of grace.”*

Reprinted from *Thirty-one Questions on Adoration of the Blessed Sacrament* published by the Bishop’s Committee on the Liturgy from the USCCB – [www.usccbpublishing.org/searchproducts.cfm](http://www.usccbpublishing.org/searchproducts.cfm)

"Without prolonged moments of adoration, of prayerful encounter with the Word, of sincere conversation with the Lord, our work easily becomes meaningless; we lose energy as a result of weariness and difficulties, and our fervor dies out. The Church urgently needs the deep breath of prayer, and to my great joy groups devoted to prayer and intercession, the prayerful reading of God’s Word and the Perpetual Adoration of the Eucharist are growing at every level of Ecclesial life." (*Evangelii Gaudium*, 262) APOSTOLIC EXHORTATION  
EVANGELII GAUDIUM OF THE HOLY FATHER FRANCIS