

ARCHBISHOP'S COMMITTEE FOR EUCHARISTIC ADORATION

Newsletter 12



August 31, 2015

Dear Parish Coordinator of Eucharistic Adoration,
(Please forward to coordinator)

This newsletter will be archived on our webpage where you may find helpful information to assist in maintaining and promoting Adoration. www.archstl.org/adoration

PRAY, SACRIFICE, INVITE

Even when all of the hours are filled at Adoration, it's important to recruit new people. People die; move away, their life situation changes, so it's a good idea to always bring new people to the Lord. Dr. Scott Hahn says that we don't hesitate to tell people about a great restaurant we have tried or a new movie that we have seen, but how often do we invite them to make a visit to the Blessed Sacrament. The Parish coordinator should encourage all Adorers to invite others to do a Holy Hour. If each regular Adorer invited one new person, the attrition would take care of itself. The more that all parish organizations participate in Adoration, the more successful will those organizations and the Adoration Chapel be. Two or more Adorers per hour reduce the need for substitutes.

If you have Adoration one day a week, you could dedicate each holy for special purpose - such as an hour for vocations, for families, the sick, the unemployed, etc. This might bring people to come to a certain hour because they want to pray for their special intentions. For those who have Perpetual Adoration, you might want to make your focus by month. For example, in September you could pray for the upcoming Synod on the Family, October to defund Planned-Parenthood, November for religious freedom, December for families, etc. Ask everyone in the parish if they could do one Holy Hour that month for the intention you are praying for. Meet with the various organizations and ask them to select a month for their intention

At St. Peter's Parish in St. Charles, Denny and Julie Weber are involved in marriage preparation. Julie said that when she offers up her Holy Hours for the couples, they tend to be more receptive to the Church's teachings on marriage, Natural Family Planning, etc. Couples that pray together as a couple, practice Natural Family Planning are married in the Church, go to Church regularly and have a 1% divorce rate. Most couples want their marriage to last. When someone is regularly praying for them, then they are receptive to this teaching. Invite the couples to a Holy Hour.

To introduce people to Adoration some parishes invite a guest speaker. Our Auxiliary Bishops are willing to do this. Have your pastor contact them. Sacred Heart parish in Valley Park invited six of their regular Adorers to speak after all of the Masses on the Feast of Corpus Christi about what Adoration meant to them.

12. How often should adoration of the exposed Blessed Sacrament occur?

"It is recommended that in ...churches and oratories [where the Eucharist is regularly reserved] an annual solemn exposition of the Most Blessed Sacrament be held for an appropriate period of time, even if not continuous, so that the local community more profoundly mediates on and adores the Eucharistic mystery.' Thus, every pastor should arrange annually for solemn exposition and adoration of the Blessed Sacrament."

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"The greatest possible gift that you can give me, as I leave Ascension, is to promise Jesus that you will spend more time with Him in the Blessed Sacrament every week. If you are already in the habit of adoring the Lord, increase it – if only a little bit. If you are not at all in the habit of adoring the Lord, resolve, right now, to spend just an hour with him a week. Believe me; He will change your life. He will teach you to love what He loves, and to want what He wants, to will what He wills. Two hearts – yours and His – beating as one."

Fr. Fadi Auro