Lectionary: 678: 1 Jn 3:14-18/Ps 34:2-3, 4-5, 6-7, 8-9, 10-11/Jn 13:34/Lk 6:27-38

Read the following passage four times.

- The first reading, simple read the scripture and pause for a minute.

 Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

 Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to today/this week."

 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading 1 Jn 3:14-18

Beloved:

We know that we have passed from death to life because we love our brothers. Whoever does not love remains in death. Everyone who hates his brother is a murderer, and you know that no murderer has eternal life remaining in him. The way we came to know love was that he laid down his life for us; so we ought to lay down our lives for our brothers. If someone who has worldly means sees a brother in need and refuses him compassion, how can the love of God remain in him? Children, let us love not in word or speech but in deed and truth.

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Responsorial Psalm

Ps 34:2-3, 4-5, 6-7, 8-9, 10-11

- R. I will bless the Lord at all times.
- R. Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be always in my mouth. My soul will glory in the LORD; let the poor hear and be glad.

- R. I will bless the Lord at all times.
- R. Taste and see the goodness of the Lord.

Magnify the LORD with me; and let us exalt his name together. I sought the LORD, and he answered me, delivered me from all my fears.

- R. I will bless the Lord at all times.
- R. Taste and see the goodness of the Lord.

Look to him and be radiant, and your faces may not blush for shame. This poor one cried out and the LORD heard, and from all his distress he saved him.

- R. I will bless the Lord at all times.
- R. Taste and see the goodness of the Lord.

The angel of the LORD encamps around those who fear him, and he saves them. Taste and see that the LORD is good; blessed is the stalwart one who takes refuge in him.



Lectionary: 678: 1 Jn 3:14-18/Ps 34:2-3, 4-5, 6-7, 8-9, 10-11/Jn 13:34/Lk 6:27-38

R. I will bless the Lord at all times.

R. Taste and see the goodness of the Lord.

Fear the LORD, you his holy ones; nothing is lacking to those who fear him. The rich grow poor and go hungry, but those who seek the LORD lack no good thing.

R. I will bless the Lord at all times.

R. Taste and see the goodness of the Lord.

Lectionary: 678: 1 Jn 3:14-18/Ps 34:2-3, 4-5, 6-7, 8-9, 10-11/Jn 13:34/Lk 6:27-38

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Alleluia Jn 13:34

R. Alleluia, alleluia.

I give you a new commandment: love one another. As I have loved you, so you also should love one another. **R. Alleluia, alleluia.**

Gospel *Lk* 6:27-38

Jesus said to his disciples:

"To you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. To the person who strikes you on one cheek, offer the other one as well, and from the person who takes your cloak, do not withhold even your tunic. Give to everyone who asks of you, and from the one who takes what is yours do not demand it back. Do to others as you would have them do to you. For if you love those who love you, what credit is that to you? Even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? Even sinners do the same. If you lend money to those from whom you expect repayment, what credit [is] that to you? Even sinners lend to sinners, and get back the same amount. But rather, love your enemies and do good to them, and lend expecting nothing back; then your reward will be great and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked. Be merciful, just as [also] your Father is merciful.

"Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you."