



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina**

**Saint Margaret Mary Alacoque, Virgin**

**Lectionary: 659: Eph 3:14-19/Ps 23:1b-3a, 4, 5, 6/see Mt 11:25/Mt 11:25-30**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**First Reading**

*Eph 3:14-19*

Brothers and sisters:

I kneel before the Father, from whom every family in heaven and on earth is named, that he may grant you in accord with the riches of his glory to be strengthened with power through his Spirit in the inner self, and that Christ may dwell in your hearts through faith; that you, rooted and grounded in love, may have strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.



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**Responsorial Psalm**

*Ps 23:1b-3a, 4, 5, 6*

***R. The Lord is my shepherd; there is nothing I shall want.***

The LORD is my shepherd; there is nothing I lack. In green pastures he makes me lie down; to still waters he leads me; he restores my soul.

***R. The Lord is my shepherd; there is nothing I shall want.***

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff comfort me.

***R. The Lord is my shepherd; there is nothing I shall want.***

You set a table before me in front of my enemies; you anoint my head with oil; my cup overflows.

***R. The Lord is my shepherd; there is nothing I shall want.***

Indeed, goodness and mercy will pursue me all the days of my life; I will dwell in the house of the LORD for endless days.

***R. The Lord is my shepherd; there is nothing I shall want.***



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**Alleluia**

*see Mt 11:25*

**R. Alleluia, alleluia.**

Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the Kingdom.

**R. Alleluia, alleluia.**

**Gospel**

*Mt 11:25-30*

At that time Jesus said in reply, "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to the childlike. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him.

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for your selves. For my yoke is easy, and my burden light."