



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Saint Jane Frances De Chantal, Religious

Lectionary: 623A: Prv 31:10-13, 19-20, 30-31/Ps 131:1bcde, 2, 3/Jn 8:31b-32/Mk 3:31-35

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Prv 31:10-13, 19-20, 30-31

Who can find a woman of worth? Far beyond jewels is her value. Her husband trusts her judgment; he does not lack income. She brings him profit, not loss, all the days of her life. She puts her hands to the distaff, and her fingers ply the spindle. She reaches out her hands to the poor, and extends her arms to the needy. Charm is deceptive and beauty fleeting; the woman who fears the LORD is to be praised. Acclaim her for the work of her hands, and let her deeds praise her at the city gates.



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Responsorial Psalm

Ps 131:1bcde, 2, 3

R. In you Lord, I have found my peace.

LORD, my heart is not proud; nor are my eyes haughty. I do not busy myself with great matters, with things too sublime for me.

R. In you Lord, I have found my peace.

Rather, I have stilled my soul, Like a weaned child to its mother, weaned is my soul.

R. In you Lord, I have found my peace.

Israel, hope in the LORD, now and forever.

R. In you Lord, I have found my peace.



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Alleluia

Jn 8:31b-32

R. Alleluia, alleluia.

If you remain in my word, you will truly be my disciples, and you will know the truth, says the Lord.

R. Alleluia, alleluia.

Gospel

Mk 3:31-35

The mother of Jesus and his brothers arrived. Standing outside they sent word to him and called him. A crowd seated around him told him, "Your mother and your brothers [and your sisters] are outside asking for you." But he said to them in reply, "Who are my mother and [my] brothers?" And looking around at those seated in the circle he said, "Here are my mother and my brothers. [For] whoever does the will of God is my brother and sister and mother."