

Archdiocese of St. Louis Office of Sacred Worship Lectio Divina

Saints Joachim and Anne, Parents of the Blessed Virgin Mary

Lectionary: 606: Sir 44:1, 10-15/Ps 132:11, 13-14, 17-18/see Lk 2:25c/Mt 13:16-17

Read the following passage four times.

- ➤ The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention.

 Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

 Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to today/this week."

 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading Sir 44:1, 10-15

Yet these also were godly; their virtues have not been forgotten. Their wealth remains in their families, their heritage with their descendants. Through God's covenant their family endures, and their offspring for their sake. And for all time their progeny will endure, their glory will never be blotted out; Their bodies are buried in peace, but their name lives on and on. At gatherings their wisdom is retold, and the assembly proclaims their praises.



Archdiocese of St. Louis Office of Sacred Worship Lectio Divina

Saints Joachim and Anne, Parents of the Blessed Virgin Mary

Lectionary: 606: Sir 44:1, 10-15/Ps 132:11, 13-14, 17-18/see Lk 2:25c/Mt 13:16-17

Read the following passage four times.

- The first reading, simple read the scripture and pause for a minute.

 Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention.

 Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

 Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to today/this week."

 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps 132:11, 13-14, 17-18

R. God will give him the throne of David, his father.

The LORD swore an oath to David in truth, he will never turn back from it: "Your own offspring I will set upon your throne.

R. God will give him the throne of David, his father.

Yes, the LORD has chosen Zion, desired it for a dwelling: "This is my resting place forever; here I will dwell, for I desire it.

R. God will give him the throne of David, his father.

There I will make a horn sprout for David; I will set a lamp for my anointed. His foes I will clothe with shame, but on him his crown shall shine."

R. God will give him the throne of David, his father.



Archdiocese of St. Louis Office of Sacred Worship Lectio Divina

Saints Joachim and Anne, Parents of the Blessed Virgin Mary Lectionary: 606: Sir 44:1, 10-15/Ps 132:11, 13-14, 17-18/see Lk 2:25c/Mt 13:16-17

Read the following passage four times.

- ➤ The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention.

 Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

 Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to today/this week."

 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Alleluia see Lk 2:25c

R. Alleluia, alleluia.

They yearned for the comforting of Israel, and the Holy Spirit rested upon them.

R. Alleluia, alleluia.

Gospel Mt 13:16-17

Jesus said to his disciples:

"Blessed are your eyes, because they see, and your ears, because they hear. Amen, I say to you, many prophets and righteous people longed to see what you see but did not see it, and to hear what you hear but did not hear it."