



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Our Lady of Mount Carmel**

Lectionary: 601: Zec 2:14-17/Lk 1:46-47, 48-49, 50-51, 52-53, 54-55/Lk 11:28/Mt 12:46-50

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Zec 2:14-17

Sing and rejoice, daughter Zion! Now, I am coming to dwell in your midst—oracle of the LORD. Many nations will bind themselves to the LORD on that day. They will be my people, and I will dwell in your midst. Then you shall know that the LORD of hosts has sent me to you. The LORD will inherit Judah as his portion of the holy land, and the LORD will again choose Jerusalem. Silence, all people, in the presence of the LORD, who stirs forth from his holy dwelling.



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Responsorial Psalm

Lk 1:46-47, 48-49, 50-51, 52-53, 54-55

R. The Almighty has done great things for me, and holy is his Name. or

R. O Blessed Virgin Mary, you carried the Son of the eternal Father.

"My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior.

R. The Almighty has done great things for me, and holy is his Name. or

R. O Blessed Virgin Mary, you carried the Son of the eternal Father.

For he has looked upon his handmaid's lowliness; behold, from now on will all ages call me blessed. The Mighty One has done great things for me, and holy is his name.

R. The Almighty has done great things for me, and holy is his Name. or

R. O Blessed Virgin Mary, you carried the Son of the eternal Father.

He has mercy is from age to age to those who fear him. He has shown might with his arm, dispersed the arrogant of mind and heart.

R. The Almighty has done great things for me, and holy is his Name. or

R. O Blessed Virgin Mary, you carried the Son of the eternal Father.

He has thrown down the rulers from their thrones but lifted up the lowly. The hungry he has filled with good things; the rich he has sent away empty.



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12:46-50**

R. The Almighty has done great things for me, and holy is his Name. or
R. O Blessed Virgin Mary, you carried the Son of the eternal Father.

He has helped Israel his servant, remembering his mercy, according to his promise to our fathers, to Abraham and to his descendants forever.”

R. The Almighty has done great things for me, and holy is his Name. or
R. O Blessed Virgin Mary, you carried the Son of the eternal Father.



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Alleluia

Lk 11:28

R. Alleluia, alleluia.

Blessed are those who hear the word of God and observe it.

R. Alleluia, alleluia.

Gospel

Mt 12:46-50

While he was still speaking to the crowds, his mother and his brothers appeared outside, wishing to speak with him. [Someone told him, "Your mother and your brothers are standing outside, asking to speak with you."] But he said in reply to the one who told him, "Who is my mother? Who are my brothers?" And stretching out his hand toward his disciples, he said, "Here are my mother and my brothers. For whoever does the will of my heavenly Father is my brother, and sister, and mother."