



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Saint John Fisher, Bishop and Martyr and Saint Thomas More, Martyr**  
**Lectionary: 585: 1 Pt 4:12-19/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt 5:10/Mt 10:34-39**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
  
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
  
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
  
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**First Reading**

*1 Pt 4:12-19*

Beloved, do not be surprised that a trial by fire is occurring among you, as if something strange were happening to you. But rejoice to the extent that you share in the sufferings of Christ, so that when his glory is revealed you may also rejoice exultantly. If you are insulted for the name of Christ, blessed are you, for the Spirit of glory and of God rests upon you. But let no one among you be made to suffer as a murderer, a thief, an evildoer, or as an intriguer. But whoever is made to suffer as a Christian should not be ashamed but glorify God because of the name. For it is time for the judgment to begin with the household of God; if it begins with us, how will it end for those who fail to obey the gospel of God? "And if the righteous one is barely saved, where will the godless and the sinner appear?" As a result, those who suffer in accord with God's will hand their souls over to a faithful creator as they do good.



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Saint John Fisher, Bishop and Martyr and Saint Thomas More, Martyr**  
**Lectionary: 585: 1 Pt 4:12-19/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt 5:10/Mt 10:34-39**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Responsorial Psalm**

*Ps 126:1bc-2ab, 2cd-3, 4-5, 6*

***R. Those who sow in tears shall reap rejoicing.***

When the LORD restored the captives of Zion, we thought we were dreaming. Then our mouths were filled with laughter; our tongues sang for joy.

***R. Those who sow in tears shall reap rejoicing.***

Then it was said among the nations, "The LORD had done great things for them." The LORD has done great things for us; Oh, how happy we were!

***R. Those who sow in tears shall reap rejoicing.***

Restore our captives, LORD, like the dry stream beds of the Negeb. Those who sow in tears will reap with cries of joy.

***R. Those who sow in tears shall reap rejoicing.***

Those who go forth weeping, carrying sacks of seed, Will return with cries of joy, carrying their bundled sheaves.

***R. Those who sow in tears shall reap rejoicing.***



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Saint John Fisher, Bishop and Martyr and Saint Thomas More, Martyr**  
**Lectionary: 585: 1 Pt 4:12-19/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt 5:10/Mt 10:34-39**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Alleluia**

*Mt 5:10*

**R. Alleluia, alleluia.**

Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of heaven.

**R. Alleluia, alleluia.**

**Gospel**

*Mt 10:34-39*

Jesus said to the Twelve:

"Do not think that I have come to bring peace upon the earth. I have come to bring not peace but the sword. For I have come to set a man 'against his father, a daughter against her mother, and a daughter-in-law against her mother-in-law; and one's enemies will be those of his household.'

"Whoever loves father or mother more than me is not worthy of me, and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up his cross and follow after me is not worthy of me. Whoever finds his life will lose it, and whoever loses his life for my sake will find it.