



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saint Ephrem, Deacon and Doctor of the Church
Lectionary: 579: Col 3:12-17/Ps 37:3-4, 5-6, 30-31/Jn 15:5/Lk 6:43-45

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Col 3:12-17

Brothers and sisters:

Put on then, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another, if one has a grievance against another; as the Lord has forgiven you, so must you also do. And over all these put on love, that is, the bond of perfection. And let the peace of Christ control your hearts, the peace into which you were also called in one body. And be thankful. Let the word of Christ dwell in you richly, as in all wisdom you teach and admonish one another, singing psalms, hymns, and spiritual songs with gratitude in your hearts to God. And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.



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Responsorial Psalm

Ps 37:3-4, 5-6, 30-31

R. the mouth of the just murmurs wisdom.

Trust in the LORD and do good that you may dwell in the land and live secure. Find your delight in the LORD who will give you your heart's desire.

R. the mouth of the just murmurs wisdom.

Commit your way to the LORD; trust in him and he will act. And make your righteousness shine like the dawn, your justice like noonday.

R. the mouth of the just murmurs wisdom.

The mouth of the righteous utters wisdom; his tongue speaks what is right. God's teaching is in his heart; his steps do not falter.

R. the mouth of the just murmurs wisdom.



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Alleluia

Jn 15:5

R. Alleluia, alleluia.

I am the vine, you are the branches, says the Lord; whoever remains in me and I in him will bear much fruit.

R. Alleluia, alleluia.

Gospel

Lk 6:43-45

Jesus said to his disciples:

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. For every tree is known by its own fruit. For people do not pick figs from thornbushes, nor do they gather grapes from brambles. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks.