



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saint Casmir

Lectionary: 537: Phil 3:8-14/Ps 15:2-3ab, 3cd-4ab, 5/Jn 13:34/Jn 15:9-17

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Phil 3:8-14

Brothers and sisters:

I even consider everything as a loss because of the supreme good of knowing Christ Jesus my Lord. For his sake I have accepted the loss of all things and I consider them so much rubbish, that I may gain Christ and be found in him, not having any righteousness of my own based on the law but that which comes through faith in Christ, the righteousness from God, depending on faith to know him and the power of his resurrection and [the] sharing of his sufferings by being conformed to his death, if somehow I may attain the resurrection from the dead.

It is not that I have already taken hold of it or have already attained perfect maturity, but I continue my pursuit in hope that I may possess it, since I have indeed been taken possession of by Christ [Jesus]. Brothers, I for my part do not consider myself to have taken possession. Just one thing: forgetting what lies behind but straining forward to what lies ahead, I continue my pursuit toward the goal, the prize of God's upward calling, in Christ Jesus.



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Responsorial Psalm

Ps 15:2-3ab, 3cd-4ab, 5

R. The just one shall live on your holy mountain, O Lord.

Whoever walks without blame, doing what is right, speaking truth from the heart; who does not slander with his tongue

R. The just one shall live on your holy mountain, O Lord.

Who does no harm to a friend, never defames a neighbor; Who disdains the wicked, but honors those who fear the LORD;

R. The just one shall live on your holy mountain, O Lord.

Who lends no money at interest, accepts no bribe against the innocent. Whoever acts like this shall never be shaken.

R. The just one shall live on your holy mountain, O Lord.



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Alleluia

Jn 13:34

R. Alleluia, alleluia.

I give you a new commandment: love one another as I have loved you.

R. Alleluia, alleluia.

Gospel

Jn 15:9-17

Jesus said to his disciples:

As the Father loves me, so I also love you. Remain in my love. If you keep my commandments, you will remain in my love, just as I have kept my Father's commandments and remain in his love. "I have told you this so that my joy may be in you and your joy may be complete. This is my commandment: love one another as I love you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I no longer call you slaves, because a slave does not know what his master is doing. I have called you friends, because I have told you everything I have heard from my Father. It was not you who chose me, but I who chose you and appointed you to go and bear fruit that will remain, so that whatever you ask the Father in my name he may give you. This I command you: love one another.