



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saint Scholastica, Virgin, Memorial
Lectionary: 530: Sg 8:6-7/Ps 148:1bc-2, 11-13a, 13c-14/Jn 14:23/Lk 10:38-42

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Sg 8:6-7

Set me as a seal upon your heart, as a seal upon your arm; For Love is strong as Death, longing is fierce as Sheol. Its arrows are arrows of fire, flames of the divine. Deep waters cannot quench love, nor rivers sweep it away. Were one to offer all the wealth of his house for love, he would be utterly despised.



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Responsorial Psalm

Ps 148:1bc-2, 11-13a, 13c-14

R. Young men and women, praise the name of the Lord.

Or Alleluia.

Praise the LORD from the heavens; praise him in the heights. Praise him, all you his angels; give praise, all you his hosts.

R. Young men and women, praise the name of the Lord.

Or Alleluia.

Kings of the earth and all peoples, princes and all who govern on earth; Young men and women too, old and young alike. Let them all praise the LORD's name, for his name alone is exalted,

R. Young men and women, praise the name of the Lord.

Or Alleluia.

His majesty above earth and heaven. He has lifted high the horn of his people; to the praise of all his faithful, the Israelites, the people near to him. Hallelujah!

R. Young men and women, praise the name of the Lord.

Or Alleluia.



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Alleluia

Jn 14:23

R. Alleluia, alleluia.

Whoever loves me will keep my word, and my Father will love him and we will come to him.

R. Alleluia, alleluia.

Gospel

Lk 10:38-42

Jesus entered a village where a woman whose name was Martha welcomed him. 39She had a sister named Mary [who] sat beside the Lord at his feet listening to him speak. Martha, burdened with much serving, came to him and said, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me." The Lord said to her in reply, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her."