



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

**Saint Basil the Great and Gregory Nazianzen, Bishops and Doctors of the Church,
Memorial**

Lectionary: 510: Eph 4:1-7, 11-13; Ps 23: 1b-3a, 4, 5, 6; Mt23:9b, 10b; Mt 23:8-12

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

Ephesians 4:1-7, 11-13

I, then, a prisoner for the Lord, urge you to live in a manner worthy of the call you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the spirit through the bond of peace: one body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

But grace was given to each of us according to the measure of Christ's gift.

Therefore, it says: "He ascended on high and took prisoners captive; he gave gifts to men."

And he gave some as apostles, others as prophets, others as evangelists, others as pastors and teachers, to equip the holy ones for the work of ministry, for building up the body of Christ, until we all attain to the unity of faith and knowledge of the Son of God, to mature manhood, to the extent of the full stature of Christ.



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Responsorial Psalm

Ps 23: 1b-3a, 4, 5, 6

R. The LORD is my shepherd; there is nothing I want.

The LORD is my shepherd; there is nothing I want. In green pastures he makes me lie down; to still waters he leads me; he restores my soul.

R. The LORD is my shepherd; there is nothing I want.

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff comfort me.

R. The LORD is my shepherd; there is nothing I want.

You set a table before me in front of my enemies; you anoint my head with oil my cup overflows.

R. The LORD is my shepherd; there is nothing I want.

Indeed, goodness and mercy will pursue me all the days of my life; I will dwell in the house of the LORD for endless days.



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Alleluia

Mt 23:9b, 10b

R. Alleluia, alleluia.

You have but one Father in heaven; you have but one master, the Christ.

R. Alleluia, alleluia.

Gospel

Mt 23:8-12

Jesus spoke to the crowds and to his disciples; Do not be called 'Rabbi.' You have but one teacher, and you are all brothers. Call no one on earth your father; you have but one Father in heaven. Do not be called 'Master'; you have but one master, the Messiah. The greatest among you must be your servant. Whoever exalts himself will be humbled; but whoever humbles himself will be exalted.