Dear Jesus,

I ask You now for a greater understanding of chastity.
Open my eyes to the benefits of living out this virtue.
Give me the strength to remain chaste and pure.
Lord, show me the divinity of all human life.

Make me a model of moral goodness, so that others may see in me this desirable quality.
Help me to discern temporary pleasure from everlasting happiness and guide me to You who bring us true joy and fulfillment.
Strengthen my resistance to unchaste influences and pressures.
Grant me the integrity to act on what I believe.

Bring me to the realization that I am free when I act chaste, because I have control over my actions and am not ruled by my desires.
Sanctify my love for others and for myself and help me to be a bearer and defender of all life.

Help me to not waste away the sacred gift of chastity so that I can give my best version of love to my family in the future.

Lead me to understand that You want us to experience love in the best way and that You truly want the best for us.
Thank You for gifting us with Your guiding words that lead us to live happily and freely in Your care.

Lead us to have a great understanding of the importance and fragility of life so that we can truly respect the dignity of all.

Bring us always to Your Holy Name in our actions, thoughts, and words.

Amen.

Maggie Alexander

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