

In our society today, many people – especially young people – have a very relaxed definition of what it means to love someone, especially God. Many people think that the only way to show someone that you love them is with physical endeavors. This idea can lead people to do very destructive things that could hurt others and take away their first and most basic right, the right to life.

The Church encourages us to live a chaste life, where love is shown through sacrifice, dialogue and action so that we can protect ourselves and others from losing their right to life. This chaste love is full of service to others and a desire to put the needs of loved ones before your own. This love is the type that all people should strive to communicate in every relationship. This love keeps others from getting hurt and it respects the life of all people.

By remaining chaste, you are respecting the life and dignity of the human person and the sacredness of the lives of others. This means that you are not using people for your own pleasure and you are protecting yourself from abortion by not giving into temptations which could lead to the desire to end the life of an unborn child. By remaining chaste, you allow relationships to grow spiritually so that they can develop deeper bonds and become stronger. When you base your relationships off of communication and meaningful dialogue, you learn more about the person you have the relationship with and you will find that you learn more about yourself as well. By living a chaste life, we promote happier, healthier relationships with our friends, family, and most importantly, with God.

We learn to love all people, born and unborn, and we learn how to show this without needing to give into temptation. But most importantly, by living the virtue of chastity and devoting our lives to our faith, we can learn how to have a transcendent relationship with our God our Father.

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