We seek the deeper participation of each person in the life and love of Jesus Christ.

**CURRICULUM**

**Interior Life**
- Lectio Divina
- Liturgy of the Hours
- Discernment of Spirits
- Retreat Days
- Daily Examen
- Eucharistic Adoration

**Topics**
- Blessed Trinity
- Christology
- Holy Spirit
- The Church
- The Sacraments
- Blessed Virgin Mary
- Salvation History
- The Gospels
- Relativism
- Moral Theology
- Vocation of the Laity
- Participation in the Mission
- Spiritual Gifts Inventory
- Leader as Disciple

**DATES**

**One Saturday per month**
8:45 am to 4:00 pm

**2019**
- September 7
- October 5
- November 2
- December 14

**2020**
- January 11
- February 8
- March 7
- April 4
- May 2
- September 12
- October 3
- November 7
- December 5

**2021**
- January 9
- February 13
- March 6
- April 10
- May 1
- September 11
- October 2
- November 6
- December 4

**2022**
- January 8
- February 12
- March 5
- April 2
- Commissioning TBA

Sr. Mary Kathleen Ronan, RSM
314.792.7233
srmkronan@archstl.org

There is no charge to parishes.
Participants will purchase books.

Funded entirely by the Annual Catholic Appeal.
“Those who have: opened their hearts to God’s love, heard His voice and received His light, cannot keep this gift to themselves.”
Lumen Fidei, 37 - Pope Francis

**Through, with and in Christ, we are called to participate in the life of the Church:**

- Living the Christian Vocation
- Acting as a leaven in the home, parish, diocese, workplace and civic community
- Developing an ability to engage with the culture of today
- Drawing others to Christ

**Requirements**

- Living the faith:
  - participating in parish/diocese
  - living in full communion with the Church in her sacramental life
- A desire to grow spiritually
- Seeking truth and understanding
- Catholic adult 21 or older
- Emotionally stable
- Able and willing to read material assigned in English
- Able to converse in English
- Has a personal email account

**Goals**

- To provide instruction for mind and heart that invites a deepening relationship with Christ and His Body the Church
- To foster a deepened awareness of and openness to the action of God’s grace
- To promote the development of skill in speaking with others
- To offer opportunities that help to raise consciousness of the intimate relationship between love of God and love of neighbor

**Means**

- **Tools for holiness as laity:**
  - Basic Catholic doctrine
  - Eucharistic Adoration
  - Praying with Sacred Scripture
  - Liturgy of the Hours
  - Discernment of spirits
  - Daily Examen
  - Faith sharing
  - Retreats

**Three Year Program**