

CURRICULUM

Interior Life

- Lectio Divina
- Liturgy of the Hours
- Discernment of Spirits
- Retreat Days
- Daily Examen
- Eucharistic Adoration

Topics

- Blessed Trinity
- Christology
- Holy Spirit
- The Church
- The Sacraments
- Blessed Virgin Mary
- Salvation History
- The Gospels
- Relativism
- Moral Theology
- Vocation of the Laity
- Participation in the Mission
- Spiritual Gifts Inventory
- Leader as Disciple

DATES

**One Saturday per month
8:45 am to 4:00 pm**

2019

September 7
October 5
November 2
December 14

2021

January 9
February 13
March 6
April 10
May 1
September 11
October 2
November 6
December 4

2020

January 11
February 8
March 7
April 4
May 2
September 12
October 3
November 7
December 5

2022

January 8
February 12
March 5
April 2
Commissioning TBA

Sr. Mary Kathleen Ronan, RSM
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**There is no charge to parishes
Participants will purchase books**



Funded entirely
by the
Annual Catholic Appeal

Lay Formation Program 2019-2022



ARCHDIOCESE OF ST. LOUIS

*We seek the deeper
participation of each
person in the life and
love of Jesus Christ.*



WHY?

*“Those who have:
opened their hearts to God’s love,
heard His voice and received His light,
cannot keep this gift to themselves.”*

Lumen Fidei, 37 - Pope Francis

- **Through, with and in Christ, we are called to participate in the life of the Church:**

- Living the Christian Vocation
- Acting as a leaven in the home, parish, diocese, workplace and civic community
- Developing an ability to engage with the culture of today
- Drawing others to Christ

WHO?

REQUIREMENTS

- Living the faith:
 - participating in parish/diocese
 - living in full communion with the Church in her sacramental life
- A desire to grow spiritually
- Seeking truth and understanding
- Catholic adult 21 or older
- Emotionally stable
- Able and willing to read material assigned in English
- Able to converse in English
- Has a personal email account

“Being Christian is ... the encounter with an event, a person, which gives life a new horizon and a decisive direction.”

Deus Caritas Est, I - Pope Benedict XVI

WHAT?

Three Year Program

GOALS

- To provide instruction for mind and heart that invites a deepening relationship with Christ and His Body the Church
- To foster a deepened awareness of and openness to the action of God’s grace
- To promote the development of skill in speaking with others
- To offer opportunities that help to raise consciousness of the intimate relationship between love of God and love of neighbor

MEANS

- **Tools for holiness as laity:**
 - Basic Catholic doctrine
 - Eucharistic Adoration
 - Praying with Sacred Scripture
 - Liturgy of the Hours
 - Discernment of spirits
 - Daily Examen
 - Faith sharing
 - Retreats

