



Employee Wellness Screenings

YOUR GOOD HEALTH IS IMPORTANT!



The Archdiocese of St. Louis cares about you and your personal wellbeing. All benefit eligible employees may receive one Archdiocesan paid Wellness Screening through H&H Health Associates, Inc. each wellness plan year (May 1, 2021-April 30, 2022).

All test results and survey responses are held 100% confidential & HIPAA compliant by H&H Health Associates, never shared with anyone other than the participant.

Eligible employees* who complete the H&H Wellness Screening may receive a **\$125 Archdiocesan paid Wellness Incentive Retirement Contribution.**

*For more details on eligibility, deadlines, and incentives, go to: archstl.org/hrbenefits

To participate, register at Wellness.HHHealthAssociates.com

New Users:

Company Code = **ARCHDIOCESE**

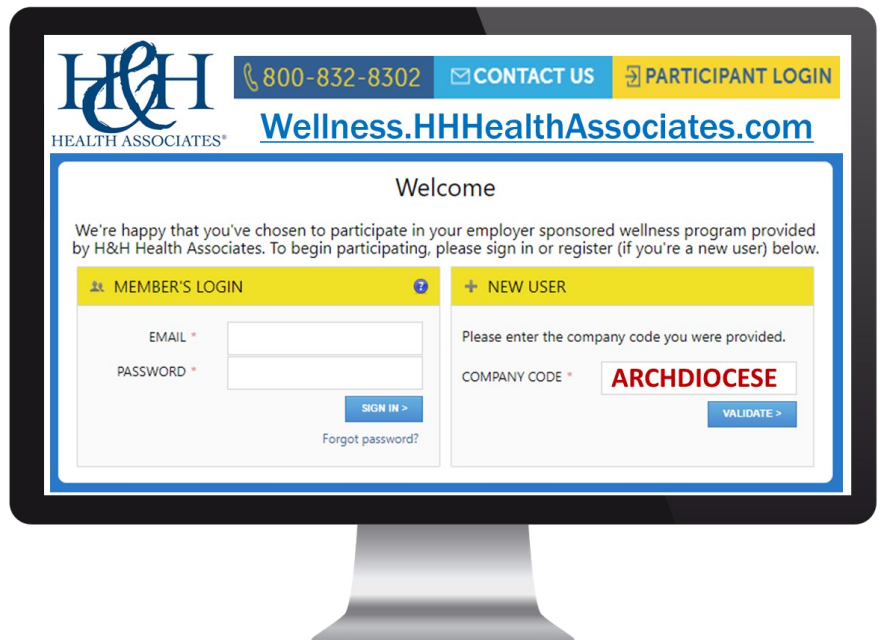
Existing Users:

Enter user name (email) & password

or register by phone at

800.832.8302

M-F, 8:30am-5:00pm CST



Spring 2022 Archdiocesan On-Site Wellness Screening Events

Please remember to register with H&H Health Associates online or by phone
(M-F, 8:30am-5pm CST) at 314.845.8302 / 800.832.8302.



Parish	Date and Room Location
St. Ferdinand Parish 1765 Charbonier Road, Florissant, MO 63031	Tuesday, March 1st 6:30-9:00am, Duchesne Center Room 9
Cardinal Rigali Center 20 Archbishop May Drive, Shrewsbury, MO 63119	Tuesday, March 8th 6:00-10:00am, Sister Ebo Room
Mary Queen of Peace 680 W. Lockwood Avenue, St. Louis MO 63119	Wednesday, March 9th 6:30-9:30am, Holy Family Room
Bishop DuBourg High School 5850 Eichelberger, St. Louis, MO 63109	Thursday, March 10th 6:30-9:30am, Room 303 of the School
St. Gerard Majella 1969 Dougherty Ferry Road, St. Louis, MO 63122	Friday, March 11th 6:30-9:30am, Parish Mtg. Room 220/221
Sacred Heart Parish - Crystal City 555 Bailey Road, Crystal City, MO 63019	Wednesday, March 16th 9:00-12:00pm, Annex Classroom
Marygrove 2705 Mullanphy Road, Florissant, MO 63031	Tuesday, March 22nd 7:30-10:30am, Eagen Center
St. Francis Borgia Regional High School 1000 Borgia Drive, Washington, MO 63090	Wednesday, March 23rd 7:00-9:00am, Wingbermuehle Activity Center
Cardinal Rigali Center 20 Archbishop May Drive, Shrewsbury, MO 63119	Thursday, March 24th 6:00-10:00am, Sister Ebo Room
Holy Infant 627 Dennison Drive, Ballwin, MO 63021	Wednesday, March 30th 6:30-9:00am, Parish Center - Lower Cafeteria
Duchesne High School 2550 Elm St., St. Charles, MO 63301	Wednesday, March 30th 6:30-9:00am, Performing Arts Center

***Fasting is not required**

***Hydrate prior to blood draw: drink water, diet soda, or coffee (black)**

***No alcohol 24 hours prior**

***For optimal results, no food 10 hours prior (unless directed by your physician)**

Questions about fasting or test results contact a nurse at H&H Health Associates, Inc.

(M-F, 8:30am-5pm CST) at 800.832.8302.

We ask that all participants:

- Wash hands before their appointment.
- Adhere to site location guidelines for wearing a face covering.
- Adhere to scheduled appointment times, arriving approximately 5 minutes prior.
- Complete their Wellness Survey online.



Archdiocesan Open Enrollment Reminders

SAVE THE DATE

Open Enrollment is May 2nd through May 13th
Benefit changes are effective 7/1/22

Open Enrollment elections and waivers are made online through Employee Self-Service (EES)

- Do I have my Employee ID and Password needed to login? [Click here](#)

Visit archstl.org/hrbenefits & click on the ESS icon for detailed login instructions.



Employee Self-Service (ESS)

Detailed Open Enrollment information coming soon...