

## Day Nine: The Fruits of the Holy Spirit

### Opening Songs:

#### No Longer Slaves

You unravel me with a melody You surround me with a song  
Of deliverance from my enemies Till all my fears are gone

I'm no longer a slave to fear I am a child of God  
I'm no longer a slave to fear I am a child of God

From my Mother's womb You have chosen me Love has called my name  
I've been born again into Your family Your blood flows through my veins

I am surrounded by the arms of the Father I am surrounded by songs of deliverance  
We've been liberated from our bondage. We're the sons and the daughters.  
Let us sing our freedom!

You split the sea so I could walk right through it My fears were drowned in perfect love  
You rescued me so I could stand and sing I am a child of God

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Brian Johnson | Joel Case | Jonathan David Helser

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#### God You're So Good

God you're so good! God you're so good! God, you're so good you're so good to me!

**Pray:** Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit, and they shall be created.

And you shall renew the face of the earth.

## **Prayer to the Holy Spirit:**

On my knees I, before the great multitude of heavenly witnesses, offer myself, soul and body to you, Eternal Spirit of God. I adore the brightness of your purity, the unerring keenness of your justice and the might of your love. You are the strength and light of my soul. In you I live and move and am. I desire never to grieve you by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against you. Mercifully guard my every thought and grant that I may always watch for your light, and listen to your voice, and follow your gracious inspirations. I cling to you and give myself to you and ask you by your compassion to watch over me in my weakness. Holding the pierced feet of Jesus and looking at his five wounds, and trusting in his Precious Blood and adoring his opened side and stricken heart, I implore you, Adorable Spirit, Helper of my infirmity, to keep me in your grace that I may never sin against you. Give me grace O Holy Spirit, Spirit of the Father and the Son to say to you always and everywhere, "Speak Lord for your servant is listening." Amen

**Saints Intercession:** St. Quirinus of Neuss was well known in Cologne, Alsace, Scandinavia, Western Germany, the Netherlands and Italy. Numerous wells and springs were dedicated to him. Many miracles occurred. Many invoked him against the bubonic plague. He was considered one of the Four-Holy Marshals.

Saint Quirinus of Neuss **All:** Pray for us.

## **Pope Francis shares**

"The Holy Spirit is the soul of the Church. He gives life, he brings forth different charisms which enrich the people of God and, above all, he creates unity among believers: from the many he makes one body, the Body of Christ. The Church's whole life and mission depend on the Holy Spirit; he fulfills all things. The profession of faith itself, as Saint Paul reminds us in today's first reading, is only possible because it is prompted by the Holy Spirit: 'No one can say 'Jesus is Lord' except by the Holy Spirit' (1 Cor 12:3b). When we pray, it is because the Holy Spirit inspires prayer in our heart." —Homily 11/29/14 Istanbul

## **Scripture Reading:** Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

Response: Throw your cares on the Lord, and he will support you.

And I say, "Had I but wings like a dove, I would fly away and be at rest. Far away would I flee; I would lodge in the wilderness."

Response: Throw your cares on the Lord, and he will support you.

I would wait for Him who saves me from the violent storm and the tempest.

Engulf them, O Lord; divide their counsels.

Response: Throw your cares on the Lord, and he will support you.

In the city I see violence and strife. Day and night they prowl about upon its walls.

**Response:** Throw your cares on the Lord, and he will support you.

Cast you care upon the Lord, and He will support you: never will He permit the just man to be disturbed.

**Response:** Throw your cares on the Lord, and he will support you.

**Reflection:** Mr. Brian Miller

### **Fruits of the Spirit**

They are products of a life lived closely connected to the Spirit of God. The supernatural gifts of the Spirit are recognized by the fruits, by their fruits you will know them. The fruit of a life lived in God is good work and worthy to be praised.

**Pray:** Hail Mary, Our Father and 7 Glory Be's

**Meditation:** May the 7 gifts of the Spirit be ever more alive in each of our hearts and the 9 fruits of the Spirit evidenced everywhere we go and to everyone we encounter. May we be ever more grateful for our health, our faith and the power of our intercession for others. Let us pray for all those who are suffering in anyway from the effects of the pandemic placing all our trust in the Lord and the power of the Holy Spirit. Come Holy Spirit, Come!

### **Final Prayer:**

Spirit of the living God, fall afresh on me. Spirit of the living God, fall afresh on me.

O Divine Spirit, melt me, humble me before the Lord.

O Divine Spirit, mold me into the image of Jesus.

O Divine Spirit, fill me with the desire and strength to do the Father's will.

O Divine Spirit, use me for the glory of God the Father. Spirit of the Living God, fall afresh on me.

May the Spirit of Self-control fill us with interior liberty that despite our weakness, God will give us strength for every trial and temptation out of His steadfast love.

Amen.

### **Closing Song:**

#### I Shall Not Want

From the love of my own comfort From the fear of having nothing  
From a life of worldly passions Deliver me O God

From the need to be understood And from a need to be accepted  
From the fear of being lonely Deliver me O God Deliver me O God

And I shall not want No I shall not want When I taste Your goodness  
I shall not want When I taste Your goodness I shall not want

From the fear of serving others Oh and from the fear of death or trial  
And from the fear of humility Deliver me O God Yes deliver me O God

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