



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Optional Memorial of St Martin de Porres, Religious
Wednesday of the Thirty-first Week in Ordinary Time Year I
Lectionary: 487

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Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Rom 13:8-10

Brothers and sisters: Owe nothing to anyone, except to love one another; for the one who loves another has fulfilled the law. The commandments, you shall not commit adultery; you shall not kill; you shall not steal; you shall not covet, and whatever other commandment there may be, are summed up in this saying, namely, you shall love your neighbor as yourself. Love does no evil to the neighbor; hence, love is the fulfillment of the law.

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Responsorial Psalm

Ps 112:1b-2, 4-5, 9

R. (5a) Blessed the man who is gracious and lends to those in need.

or: **R. Alleluia.**

Blessed the man who fears the LORD, who greatly delights in his commands. His posterity shall be mighty upon the earth; the upright generation shall be blessed.

R. Blessed the man who is gracious and lends to those in need.

or: **R. Alleluia.**

He dawns through the darkness, a light for the upright; he is gracious and merciful and just. Well for the man who is gracious and lends, who conducts his affairs with justice.

R. Blessed the man who is gracious and lends to those in need.

or: **R. Alleluia.**

Lavishly he gives to the poor; his generosity shall endure forever; his horn shall be exalted in glory.

R. Blessed the man who is gracious and lends to those in need.

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Alleluia

R. Alleluia, alleluia.

1 Pt 4:14



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If you are insulted for the name of Christ, blessed are you, for the Spirit of God rests upon you.

R. Alleluia, alleluia.

Gospel

Lk 14:25-33

Great crowds were traveling with Jesus, and he turned and addressed them, “If anyone comes to me without hating his father and mother, wife and children, brothers and sisters, and even his own life, he cannot be my disciple. Whoever does not carry his own cross and come after me cannot be my disciple.

Which of you wishing to construct a tower does not first sit down and calculate the cost to see if there is enough for its completion? Otherwise, after laying the foundation and finding himself unable to finish the work the onlookers should laugh at him and say, ‘This one began to build but did not have the resources to finish.’ Or what king marching into battle would not first sit down and decide whether with ten thousand troops he can successfully oppose another king advancing upon him with twenty thousand troops? But if not, while he is still far away, he will send a delegation to ask for peace terms. In the same way, everyone of you who does not renounce all his possessions cannot be my disciple.”