

THE SPIRIT AND BRIDE

The Mission of the Catholic Renewal Center is to stir into flame the grace of Pentecost within and beyond the Church, calling forward the gifts and fruits of the Holy Spirit used to build up the Kingdom. This mission seeks to broaden and deepen the understanding that baptism in The Holy Spirit is the Christian inheritance of all.



CATHOLIC RENEWAL CENTER
"AWAKENING THE GIFTS & FRUITS OF THE HOLY SPIRIT"

The Spirit and the bride say, "Come." Let the hearer say "Come." Let the one who thirsts come forward, and the one who wants it receive the gift of life-giving water.

Revelation 22:17



ARCHDIOCESE OF ST. LOUIS
Catholic Renewal Center

**Deacon
Michael Thompson**



We, the Bride of Christ, have entered again into the liturgical season of Lent. The season for prayer, fasting and almsgiving. A personal journey to reflect on the forty days Jesus spent in the desert fasting and praying. This is the season for penitence and preparation. But what are we preparing for? Most of us are aware that Lent is a period of preparation to celebrate the Resurrection of

our Lord and Savior, Jesus Christ. We seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We all know this, right? But are we preparing to receive the Holy Spirit, and the gifts he provides as well?

At the Last Supper, Jesus makes a surprising statement; ***"It is to your advantage that I go away, for if I do not go away, the Counselor will not come to you, but if I go, I will send him to you."*** (John 16:7). What could be better than Jesus's presence along side of us? How about his presence within us, through the Holy Spirit. This Spirit, who Jesus called the Counselor (aka Advocate or Helper), will lead his followers, hopefully that is you and me, moving us from within and guiding us in how to live.

The Holy Spirit is the breath and life of God, poured into us as a gift of God's deep love for each one of us. Although it can be easy to overlook the role of the Spirit, we see that Jesus's mission culminated in sending the Spirit upon his Church, granting her the divine life that she needed to fulfill the mission he entrusted to her. In Confirmation, he gives each of us the most precious gift he has: his own Spirit to make us fully alive with his divine life, enabling us to live a supernatural life in the world. The Spirit teaches us how to pray and how to live, gives us gifts, and inspires us with courage to live out our mission. When we rely on the Holy Spirit, we allow him to shape us in these ways.

In the Book of Isaiah 11:2-3, the Gifts of the Holy Spirit are described. In the passage the gifts are considered ones that the Messiah would have possessed. Through Jesus, we also receive the Gifts of the Holy Spirit in the Sacrament of Confirmation.

Wisdom helps us recognize the importance of others and the importance of keeping God central in our lives.

Understanding is the ability to comprehend the meaning of God's message.

Knowledge is the ability to think about and explore God's revelation, and also to recognize there are mysteries of faith beyond us.

Counsel is the ability to see the best way to follow God's plan when we have choices that relate to him.

Fortitude is the courage to do what one knows is right.

Piety helps us pray to God in true devotion.

Fear of the Lord is the feeling of amazement before God, who is all-present, and whose friendship we do not want to lose.

And the best thing about a gift...it is given to us freely; we do not have to do anything! Do we accept these gifts and use them in our daily living? Or do we tuck them in the back of our mind because they do not fit well in our current lifestyle and get in the way of what we want in and out of life?

Perhaps we hesitate because we know acceptance means taking on the responsibility that comes with conforming our lives to God's will. Look at Mary our Blessed Mother. The Holy Spirit led Mary on every journey of her earthly life. From those journeys, Mary was raised in holiness as mother of our Savior, united with her Son in His work of our redemption, to become intercessor and Mother for us all. Mary was indeed filled with the grace of the Lord's Spirit and through Mary, the Word of God became visible.

"Grace is first and foremost the gift of the Spirit who justifies and sanctifies us. But grace also includes the gifts that the Spirit grants us to associate us with his work, to enable us to collaborate in the salvation of others and in the growth in the Body of Christ, the Church." (CCC 2003).

By the grace of the Holy Spirit, we too can make the Word visible by the way we live our lives, enabling us to be raised in holiness as brothers and sisters in Christ. Are we willing to accept the responsibility of this lifelong commitment?

- see continued -

CATHOLIC RENEWAL CENTER LEADERSHIP:

- ◇ **Archdiocese of St. Louis, MO**
- ◇ **Auxiliary Bishop Emeritus**
Robert J. Hermann, Liaison
- ◇ **Msgr. Ed Griesedieck, Chaplain**
- ◇ **Jane Guenther, M.Div., Director**

MINISTRIES:

- ◇ **Healing and Deliverance (English), Anne Hruz**
314-731-6100, annehruz@archstl.org
- ◇ **Healing and Deliverance (Hispanic), Lizett Mata**
314-731-6100, lizettmata@archstl.org
- ◇ **Jonah Prayer Ministry, Tina Ferder**
314-731-6100, catholicrenewal@archstl.org
- ◇ **Life in the Spirit Seminars, Gary Whitlock**
636-215-0973, gary.whitlock@att.net
- ◇ **Zechariah Prayer Breakfast for Men,**
Gary Whitlock 636-215-0973, gary.whitlock@att.net

- ◇ **Hispanic Core Coordinators: Modesta Perales;**
modestaperales769@gmail.com;
Rosario Cosgaya rosariocosgaya@gmail.com
- ◇ **Christ Alive Women's Ministry**
Catholic Renewal Ctr. 314-731-6100
catholicrenewal@archstl.org
Cholita Aguayo Alexander (Hispanic)
cholitasol68@yahoo.com
- ◇ **2Alike: A Ministry for Multiples**
Jewel Jacobs, 636-537-0546
jacobsjewel73@yahoo.com

CRC SERVICE TEAM:

Cholita Aguayo Alexander, Jeff Barczewski, Mary Jo Barczewski, Rita Baughman, Rosario Cosgaya, Kim Specht, Lizett Mata, Msgr. Ed Griesedieck, Paula Klump, Cheryl Nelson, Modesta Perales, Tammie Stevens, Lynn Verbrugge, Gary Whitlock

We, the Bride of Christ - continued -

Receiving Holy Communion increases the gifts and fruits of the Holy Spirit which help us to recognize and be open to the internal promptings of the Spirit. I call it the spiritual tug. Our Lord is tugging me in a certain direction. Sometimes I follow the Lord's direction, and sometimes I do not. Following the Lord's way does not always give me immediate satisfaction or gratification as — let's say, comfort food. Pizza, wine, and yes, chocolate (but not during Lent). Try as we do to rely on earthly attachments to get us through our trials and tribulations, they do not provide the divine sustenance that we receive from God's love.

Perhaps our minds *"are set on earthly things. But our commonwealth is in heaven, and from it we await a savior, the Lord Jesus Christ," (Phil 3:19-20)*. May our Lenten promises help us to become vessels for our Lord's use in this world, thereby strengthening our commitment to this lifelong journey toward Heaven by way of the Holy Spirit. In other words, all that we do as God's loving children prepares us for the second coming of our Savior. *"Therefore, my brethren, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved."* (Phil 4:1)

In conclusion, I ask that you consider this: In His infinite love for each of us, God humbled Himself to become man in Jesus Christ - giving us His body and blood and His Holy Spirit - to unite with us and protect us from sin. Our Lenten journey is meant to help us experience the intimacy of the Trinitarian life by depending more on the greatness of God's love and less on ourselves in our joys, our works, and our sorrows so that we may share in the glories of Heaven.

- **Deacon Michael Thompson**



Eucharistic Miracles

The Incredible Christmas Eucharistic Miracle of 2013: "Cardiac Muscle, Typical of an Agony"

On December 25, 2013, the St. Hyacinth's Shrine in Legnica, Poland celebrated Christmas Mass. During communion, a host fell to the floor. Following the Church's instructions to respect sacred species, the priest placed the Eucharist in a container of holy water and kept it in the tabernacle. However, two weeks later, the priest discovered that the host turned red. He told the



bishop and a commission was established to observe the phenomenon. A statement regarding the Forensic Medicine Dept. analysis results. "In the histopathological image, fragments of tissue were found, which contained fragmented particles of striated muscle tissue. The whole image is very similar to that of a cardiac muscle that shows changes typical of an agony. DNA shows that the tissue is of human origin". The bishop instructed St. Hyacinth's Shrine priest Fr. Andrzej Ziombra to prepare an appropriate place for the relic to be exhibited, so that the faithful could see and venerate it. Since then, he has witnessed countless conversion stories resulted from this Eucharistic Christmas miracle. In 2020, Fr. Ziombra said that "my task was to collect information on miraculous cures, conversions or themes related to the pilgrimage movement, and it is already clear that there are miraculous conversions, miraculous cures..."

2023

THE YEAR OF
ACCOMPANIMENT



HE APPOINTED TWELVE - WHOM HE ALSO NAMED
APOSTLES - THAT THEY MIGHT BE HIS
COMPANIONS AND THAT HE MIGHT SEND THEM
OUT TO PROCLAIM THE MESSAGE. MARK 3:14

How can we take this Scripture to our present time, in the context of accompaniment. St. Paul states that Jesus was rich, but became poor for their sake.

How can we become poor for others - by giving up time, joyfully, to share stories, emotions, life ~ to discuss Scripture, virtues, gifts of the

Holy Spirit ~ to be companions on the journey. And to do so "according to our means" that is, with "equitable balance" within our own life schedule, work and family demands, and daily responsibilities. This may sometimes be difficult, but the burning desire that the Holy Spirit places in our hearts to love one another will somehow, providentially, create that "equitable balance" and will actually create a "surplus" of love and time for one another.

Catholic Renewal Center - providing exciting new possibilities for accompanying others on the journey to God. Let's either start a new journey or continue our current path with new companions as we praise and worship Our God together!

BOOK STUDY:

Come be a part of the

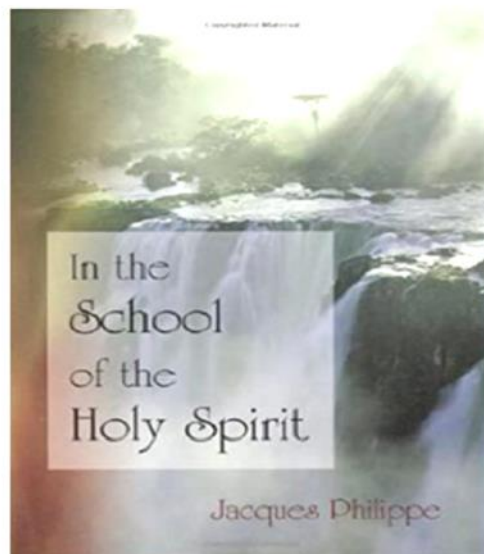
2023
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This dynamic book is written by Jacques Philippe, one of the foremost Catholic authors of our time. This book takes us on a journey which opens more ways to being attentive to the movements of The Holy Spirit. Let us join and learn from others while we share, pray, and become companions on the journey to Our God.

6 WEEK BOOK STUDY

**WHERE: CATHOLIC RENEWAL
CENTER, SAPPINGTON RD.**

WHEN: WEEKLY, STARTING MONDAY, APRIL 17 – 7:00 pm



FOR REGISTRATION PLEASE CONTACT: 314-731-6100
OR - Catholicrenewal@archstl.org

2023 Formación Hispana

Invitación a todos a los próximos eventos
patrocinado por el Centro de Renovación Católica



CRISTO Vive!
-CHRIST Alive!
Ministerio de Testimonio de
Mujeres



Presentador:
Elena Garcia Kenyon

Elena García Kenyon nació en una familia católica en El Ferrol, Galicia, España. Sus fuertes raíces y valores católicos la hicieron experimentar desde temprana edad a Dios a quien ella considera su guía, su fortaleza y su mejor amigo. Elena es madre de 3 hijos y viuda de Ivan Kenyon. Su familia siempre ha sido la primera comunidad que la ha inspirado y fortalecido para darse a los demás. Su función de mujer cristiana y educadora la ha hecho protagonista de innumerables servicios a la comunidad de St. Louis siempre al servicio. Elena tiene una larga trayectoria sirviendo a la comunidad en diferentes organizaciones. Ven al siguiente desayuno a conocer mas su vida en el servicio. ¡Te esperamos!

Fecha: Sábado, Abril 15, '23 Horario: 8:30 am a 12:30 pm

Costo: \$20.00 por persona

Cardinal Rigali Center 20 Archbishop May Dr. St Louis, MO 63119

Para registraciones y preguntas ~ llamar al 314-792-7734

SEMINARIO DE AVANCE EN EL ESPÍRITU SENTIR EL FUEGO 2023

Jesús te da la bienvenida
a la abundante participación del amor del
Espíritu Santo!
Del 25 de Febrero al 1 de Abril 1, 2023
9am hasta 11:30 am

LUGAR :
Centro de Renovación Católica
1406 S. Sappington Rd. St. Louis MO
63126

**FEBRERO 25
MARZO 4, 11, 18 & 25
ABRIL 1**

Regístrese - 314-731-6100 ~ 314-363-1137

Inventario de Dones Espirituales

**29 de Abril, 2023 9:00 am a 2:00
pm 20 Archbishop May Dr.
St. Louis**

SERVICIO DE SANACIÓN INTERGENERACIONAL EN ESPAÑOL

**27 DE ABRIL DE 2023 Y 9 DE NOVIEMBRE DE
2023, 7PM, CARDINAL RIGALI CENTER
(CAPILLA). NO HABRÁ MISA. EL SERVICIO SE
ENFOCA EN ORACIONES DE SANACIÓN Y
LIBERACIÓN RELACIONADAS CON
PROBLEMAS DEL PASADO Y PRESENTE DE LA
HISTORIA FAMILIAR
Póngase en contacto con Lizett**

Más información Contacta:

Lizett Mata

**Coordinadora Hispana de Sanación
y Liberación**

Email: lizettmata@archstl.org

Lucas 3:16 "Él os bautizará en Espíritu Santo y fuego"

DEJE QUE EL VIENTO SUAVE DEL ESPÍRITU SANTO
LO MUEBA MÁS CERCA DE SU AMOR AL APRENDER DE:

TESTIMONIOS
ENSEÑANZAS
ALABANZAS Y ADORACION
GRUPOS DE DISCERNIMIENTO

SEMANA 1: EL AMOR DE DIOS
SEMANA 2: LA SALVACION
SEMANA 3: LA VIDA NUEVA
SEMANA 4: RECIBIENDO LOS DONES
SEMANA 5: BAPTISMO EN EL ESPIRITU
SEMANA 6: CRECIMIENTO
SEMANA 7: TRANSFORMACION

SPEAKER WORKSHOP ~ For those teaching or speaking on behalf of the Catholic Charismatic Renewal

MARCH 8 ~ 7:00-9:00 P.M. ~ BY ZOOM AND IN PERSON AT THE CATHOLIC RENEWAL CENTER Do you want to teach or speak on behalf of the Catholic Charismatic Center? Come to a Spirit-filled and free Speaker Workshop where we are all invited to give a five-minute talk (optional) on any faith topic. For each talk we can discern, discuss, and provide feed-back to benefit from each other's gifts in the power of the Holy Spirit. Refer questions or Zoom Meeting invitation requests to gary.whitlock@att.net 636-215-0973. Books recommended for use at the workshop are available at the Catholic Renewal Center ~ catholicrenewal@archstl.org - 314-731-6100. Upcoming Workshops are June 7 and October 4.

CHRISTLIKE CONNECTIONS

As I maneuver through life, I will ultimately meet and mingle with many of God's people, some like-minded, some not. That does not mean that I am even close to being always right, or that others are always wrong if they don't see things my way. But to be able to connect with someone that is a polar opposite of you, well, it's one of God's ways of motivating us to see others as He sees them, with love. Did Jesus really have any obvious similarity to the prostitute ready to be stoned, or to Matthew the tax collector, or to a demoniac ready to kill someone? Not from the outside, but Jesus knew they were in need, He knew they had a deeper purpose, a meaningful story to tell, and a future that was far more positive than in their present situation.



2023
THE YEAR OF
ACCOMPANIMENT

**HOW? -
LOVE
EACH
OTHER
DEEPER**
...

The seven gifts of the Holy Spirit according to Catholic Tradition are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of God. Each of these gifts are useful in this context, but especially the gift of wisdom, which perfects the virtue of charity. Wisdom empowers a person "to judge and order all things in accordance with divine norms that flow from a loving union with God." And when using that perfected virtue of charity, we put into action the same loving deeds that Jesus Himself used while with His people.

In a newspaper I read the following conversation starters and pointers on how to improve relationships, and I realized there was much insight and wisdom in them, even though they were not spiritually driven or written. I found value in the main ideas so I rewrote the descriptions from the article to focus on their spiritual meanings and how with all of the gifts of the Holy Spirit, we can really "know" others in a compassionate and understanding way that could teach not only others but also ourselves about how to love each other deeper. *This is the **CHRISTLIKE CONNECTION**, imitating the love of Jesus.* - Rita Baughman, OFS

CONVERSATION STARTERS

"I TRUST YOUR JUDGEMENT" Yes, this could take YOUR trust to say this, and also discernment. As Paul states in **1THES 5:21**, "Test everything, and hold fast to what is good." In essence, this could be a risk, but when you relay to another that you care enough about them to trust them, it could add a dimension of virtue, self-confidence, and hope to that person's mind-set. If another feels that they are important enough to be trusted at this level, they will pull out all stops to make it so. They will try to live up to your expectations, with sincerity, using those virtues that God blessed them with. Then, hopefully, they will see the fruit of this trust and action and continue living in the Spirit of Christ.

"HELP ME UNDERSTAND..." We all find ourselves in conversations when someone makes a statement that is just odd, shocking, or just plain disagreeable. Instead of immediately getting defensive or expressing your shock, the better response would be to inquire as to a better definition or explanation of what they said. Sometimes people don't get a chance to detail what they really are talking about. After a full declaration of the meaning of words spoken, actions, motives, etc., perhaps any misunderstanding can be reconciled. This will gain trust, and the sincere sense and knowledge of really caring about what the other means, and this will result in respect for both.

"WE COULDN'T HAVE DONE IT WITHOUT YOU" Without falling into the sin of pride, let's face it, we all kind of like to be appreciated for what we do. And the joy and reward of seeing someone else's face light up when you applaud them for a job well done is priceless. Our joy should always stem from pleasing God. **NEH 8:10** "the joy of The Lord is my strength". And our joy stems from giving others joy. I think of Matthew, the tax collector and how he was probably wondering how he was to assist Jesus with only a statistical background. But Jesus not only saw these useful skills within Matthew, but also filled him with the gift of preaching, writing The Gospel, and healing, all needed to fulfill His mission. Could Jesus have done this without Matthew, of course, but every part of Christ's body, the Church, is needed to make it complete. That little compliment, a reassuring and grateful smile, a few words of thanks and recognition of their importance go a long way by giving encouragement and confidence to another.

STAY TUNED FOR MORE CONVERSATION STARTERS . . . IN THE SPIRIT & BRIDE IN THIS YEAR OF ACCOMPANIMENT

EUCCHARISTIC



ENCOUNTERS

MODERN DAY MIRACLES IN MIND, BODY, AND SPIRIT TESTAMENTS OF OUR LORD'S TRANSFORMING POWER

Some years ago at one of our conferences, Fr. Robert DeGrandis, noted for his powerful gift of healing, was the keynote speaker.

Prior to hearing Fr.'s talk, when I received the Eucharist I always returned to my pew and prayed several traditional prayers. Then, truthfully, my mind began to wander and took me to those things and events I was facing that day, especially breakfast! My mind quickly focused on me and not Jesus! Within seconds, I was already somewhere else.

At the conference, Fr. DeGrandis made this statement which totally changed my mindset in receiving Holy Communion. He told us that the Body and Blood of Jesus takes at least 15 minutes to dissolve in our bodies. This is the closest and most powerful time we could ever have with our Lord and Savior, Jesus Christ. That sentence really struck me and I decided to spend those special and powerful minutes immediately after Communion in our adoration chapel with Jesus, just the two of us.

Over time, I was led into the prayer of quiet and meditation. My quiet prayer evolved slowly, drawing me closer and closer to Jesus. As time progressed, the Lord would bless me with contemplative prayer. Those were, and still are, my closest, out of this world, experiences in my life.

I would urge all of you to take Fr. DeGrandis' advice and, with open hearts, draw closer to Jesus after receiving His Body and Blood in the Eucharist. He wants us to draw closer and closer to Him. He has so much He wants to share with us! He has so much He wants to give us!

- Bob Gleason

Mere exposure to the Mass and Eucharist without the slightest intention of participation or respect can embody the small seed that God will use to increase our faith. I learned this 46 years ago when I married a Catholic girl as a lapsed Methodist agnostic. I attended Mass with her each week without standing, kneeling, listening or singing – my rigid body in the pew only to support her faith as I agreed at our wedding. My wife also began to attend a prayer group that prayed for fallen-away spouses without their permission. After a year of this, in just six months I had a very sudden and unexpected conversion to faith, my first Life in the Spirit Seminar, initiation instructions for the Catholic Church, reception into the Church, and First Eucharist. During that time, my understanding and appreciation for the Mass and the Body of Christ was born. Before that birth I had spent a year in the womb of weekly Mass, just to please my wife. That changed with my conversion. As I entered in more deeply with

my senses come to life in the Holy Spirit, I came to love the Mass and to hunger for the Eucharist. As I learned what Catholicism was, I came to love the Church as well. This growth has not stopped. The more present I become, the more intimate my identity in Christ blooms. God, however, was ever fully present in a manner unlimited by my interest. I know that the year I spent dishonoring the Mass had been a time of great grace for me, initiating all the blessings that followed. From Adoration and Benediction, I learned that physical reception of the Eucharist is not necessary for the graces to flow at even the very slightest openness we offer. I now see children and others at Mass who do not sing, kneel, listen, or receive in a new hope as I pray for them. What a delight to know the graces of the Mass and the Eucharist rain down on them from God's abundant love and mercy, as an unseen gift, as it did for me long ago in a "yes" to Jesus that was no more than a weak whisper. *- Gary Whitlock*



Continuing
with

2023
THE YEAR OF
ACCOMPANIMENT

"SACRED SEEING" - this is the definition of VISIO DIVINA, a beautiful and ancient form of Christian prayer in which we allow our hearts and imaginations to enter into a sacred image, in silence, to see what God might have to say to us.

OPEN OUR EYES LORD WE WANT TO SEE JESUS

Our world is becoming more and more visually oriented, and an intentional way of praying with images is needed now more than ever. Visio Divina invites us to see at a more contemplative pace. We will expand our mind's view and see the deepest impressions and meanings of the image, not necessarily in the viewpoint of the artist, but the viewpoint of ourselves. We will look at first impressions and then look deeper for any hidden surprises to complete the whole "sacred seeing" of the image. We will see how God speaks through the image, without limitations.

Allow the hand of The Holy Spirit to fan into flame your imagination as you enter into Sacred Scripture through images, encounter silent contemplation, and enjoy group sharings

YEARNING FOR QUIET TIME WITH GOD?

READY TO PULL MEANING FROM SCRIPTURE IMAGES?

LONGING FOR MORE DEPTH IN SCRIPTURE?

WANT TO SHARE THOUGHTS WITH OTHERS?

WHEN ~ Mar 15th - 10:00 a.m.

Where ~ Catholic Renewal Ctr. 1406 Sappington Rd.

REGISTER: Call 314-731-6100

or email Catholicrenewal@archstl.org



WHAT IS SPIRITUAL DIRECTION?

Spiritual Direction is an accompaniment with another on one's faith journey towards a deeper intimacy with Christ. It refers to a relationship which is more like spiritual companionship where the Director listens with the intent of helping the Directee recognize how the Holy Spirit is leading and working in one's life. The emphasis is on helping the Directee develop a good prayer life and a closer relationship with God, the true Spiritual Director. Growth in spiritual life, making good decisions about personal circumstances, and recognizing that God has a special and distinct plan for each person's life are discussed in and prayed about in spiritual direction.

This program has the support of Archbishop Mitchell Rozanski and Archbishop Emeritus Robert Carlson and guidance and leadership of Jane Guenther, M.Div., Director of Catholic Renewal Center. Please call the Catholic Renewal Ctr. for more information – 314-731-6100.

1JOHN 3:16-18 *"This is how we know what love is: he laid down his life for us, and we in turn must be prepared to lay down our lives for our brethren. If anyone is rich in worldly possessions and sees a brother in need but refuses to open his heart, how can the love of God abide in him? Dear children, let us love not in word or speech but in deed and truth."*

**OPEN HEARTS LEAD TO RECEIVING CHRIST MORE FULLY
LEADING US TO LOVE OTHERS MORE FULLY**

COME HEAR HOW AN OPEN HEART CAN TRANSFORM YOUR LIFE



Fr. Cassian Koenemann's pursuit of union with God led him to St. Louis Abbey in 2005. He already knew the monks well, having studied at the St. Louis Priory School and attended St. Anselm's parish, and so it was a bit of a coming home after having spent some years as a strategy consultant in Washington, DC. He feared coming home was too easy, as far as vocations go, but he learned that if a person is generous with God, then God will continue to give him what he needs to grow. Not long having returned home from a License in Spiritual Theology in Rome, Fr.

Cassian was tapped to be the Prior of the monastery. A few years ago he became a collaborator of the Catholic Renewal Center as well. Most recently, he has published "The Grace of Nothingness: Navigating the Spiritual Life with Blessed Columba Marmion, which is an exploration of the ways to allow a humble confidence in God's grace to heal and transform a person.



Rachel Leininger serves as a full-time mama, speaker, and author. Some of her favorite things include Cardinals baseball, coffee, the virtue of chastity, and baked goods. She and her professional nerd husband, David, live in St. Louis, MO, with the small army they've created together. You can connect with her on Twitter and Instagram at @raleininger.

*****OUTREACH*****

AFFTON FOOD PANTRY

Bring canned food, cleaning supplies, and paper products

*Praise and worship
with
Tammie Stevens*

**FULL DETAILS AND REGISTRATION INFO FOUND AT
www.archstl.org/catholic-renewal-center/ministries-and-seminars/retreats**

OR CALL 314-731-6100



**Open Your
Heart
Retreat**

March 24-25
Cardinal Rigali Center



Christ Alive Through Mary, WOMEN'S WITNESS MINISTRY

Like Mary leads us to her Son, this ministry brings Christ to women as we share this spirit of gratitude. Listen as we hear of one woman's experience of the transforming love of Christ in her own life. Come, bring a friend, and rejoice in the presence of The Lord.

Shirley Klump is a mother of 4 with 4 beautiful daughter in laws, 12 grandchildren and a husband of 47 years. After holding many volunteer positions, she was called into youth ministry in 1999. About that time she met the Holy Spirit and life has never been the same! Shirley is currently a spiritual director and member of the evangelization committee in her parish along with several other positions.



Speaker: ~ Shirley Klump Come enjoy breakfast with your friends in Christ; pray, praise, and listen to Shirley speak of her life journey. As Shirley says, she would "really like to die with her boots on doing God's work."

Date: June 3, 2023 ~ **Time:** 9:00-12:00 ~ **Cost:** \$20 (breakfast)

Location: Cardinal Rigali Center - 20 Archbishop May Dr. St. Louis, MO

Register: By May 30 - Online @ archstl.org/renewal OR call 314-731-6100 OR email Catholicrenewal@archstl.org

Upcoming breakfasts- Sept. 16 & Dec. 9 More info at: www.archstl.org/catholic-renewal-center/events



Zechariah Men's Prayer Morning

Zechariah, father of John the Baptist, filled with the Holy Spirit, praised his God whose presence and power was breaking forth in his life. Join with men in the same spirit of gratitude and praise. We will hear one man's experience of an encounter with Jesus in his own life, share our thoughts, and intercede in prayer for each other.

Speaker: Dan Gettemeier—See archstl.org/renewal for more info—2023 speakers will be from other men's groups

Time: 9:00 am

Place: Cardinal Rigali Center in the Fleur de Lis room

Facebook/YouTube stlrenewal.org/yt or stlrenewal.org/fb

Make reservations by **Apr 18th** by calling Gary Whitlock 636-215-0973 or emailing gary.whitlock@att.net OR call/ email Catholic Renewal Ctr. 314-731-6100 ~ catholicrenewal@archstl.org

Upcoming breakfasts: July 29, 2023 ~ Oct 28, 2023

THE WISDOM OF THE SAINTS - ON THE EUCHARIST

Relegating the poor man St. Francis of Assisi to a garden gnome or bird bath decoration, or any single descriptor, is a disservice to his legacy. Though care for creation was so entwined into his spirituality that he was declared the patron saint of ecology in 1982 by Pope John Paul II, it was the The Eucharist that was the foundation on which his faith life was built. In his "Letter to All Clerics", in fact, Francis wrote – "in this world there is nothing of the Most High himself that we can possess and contemplate with our eyes, except His Body and Blood." For the poor man of Assisi, the Eucharist was both his compass and his journey's end.

ST. FRANCIS, PRAY THAT OUR EYES BE OPENED TO JESUS' REAL PRESENCE IN THE EUCHARIST AMEN.



2023 THE YEAR OF ACCOMPANIMENT

LOOKING FOR COMPANIONS??
LET'S GET STARTED!

WHEN: EVERY 3RD SATURDAY
STARTING FEB. 18TH
STARTS 8:00 a.m.
LEAVE WHEN YOU NEED TO

WHERE: CATHOLIC RENEWAL
CTR, SAPPINGTON RD

WE PROVIDE THE COFFEE
YOU PROVIDE THE FELLOWSHIP,
BRING FRIENDS, ALL WELCOME!

C C C
COME SEE..... OUR NEW MEN'S
ACCOMPANIMENT GATHERING..

THE NEW ... C C C

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ATTENTION MEN!!!



Need a place for companionship with like-minded men?
Need a place for good coffee early in the morning?
Need a place to open up, relax, laugh, and pray?

WELCOME!! No structured programs, just accompaniment
and refreshment, physically, emotionally, and spiritually.

ST. PAUL states that Jesus was rich, but became poor for their sake.
How can we become poor for others – by giving up time, joyfully,
to share stories, emotions, life. To discuss Scripture, virtues, gifts of the
Holy Spirit. To be companions on the journey to Christ. And to do so
“according to your means” that is with “equitable balance” within your
own life schedule, work and family demands, and daily responsibilities.

NO REGISTRATION – JUST SHOW UP !! Note! This group will not meet in May

Questions, contact Catholic Renewal Ctr 314-731-6100 or email
Catholicrenewal@archstl.org

Spiritual
Gifts
Inventory



*“Now concerning the spiritual gifts,
brethren, I do not want you to be
uninformed.” 1COR 12:1*

Ascension Catholic Church in Chesterfield

March 29 and April 12, 6pm to 8pm in the MPR

For more information, contact Sarah Marsh at smarsh@asc.church or 636-730-2145.

Register at www.asc.church/sqi

CHARISMATIC HAPPENINGS - Let the Renewal Renew & Inspire You

Please find all the updated information at archstl.org/renewal

Find some of our events on Facebook <https://www.facebook.com/stlrenewal/> or YouTube at [stlrenewal.org/yt](https://www.youtube.com/stlrenewal/)

Charismatic/Healing Masses -

- ♦ Healing Mass at St. Alban Roe at 7:00 p.m. on the **first Monday of each month**. Healing prayer teams are available.
- ♦ Shepherd's Table Charismatic Mass-Saturday evenings at 7:30 p.m. at St. Elizabeth of Hungary.
- ♦ Healing Mass, anointing of the sick, healing prayer teams **every 1st Saturday** at 10:00 a.m. at Our Lady of Sorrows, 5020 Rhodes Ave.

Healing and Deliverance Ministry - Catholic Renewal Center – by appointment by calling Anne Hruz @ 314-731-6100 or email her at annehruz@archstl.org.

Compassion Groups - If you are interested in coming together to share and heal from the loss of a **spouse**, monthly meetings are the first Tuesday of the month 7pm to 9pm OR the last Saturday of the month 9am to 11am. The meetings will take place at the Catholic Renewal Center. Please contact Patty Kernell at PJKernell@sbcglobal.net. If you are interested in coming together to share and heal from the loss of a **child** the meetings are the second Saturday of the month 9am to 11am at the Catholic Renewal Center. Please contact Rita Baughman at rita.baughmanofs@gmail.com.

Mercy Healing Services all at 7pm - Mar. 23 - St. Paul (St. Paul) w/ Fr. Gerald Blessing, Mar. 30 - Immaculate Conception (Arnold) w/ Msgr. Jeffrey Knight, Apr 24 - St. Raphael the Archangel (St. Louis) w/ Fr. John Mayo, Apr 27 - Mary, Mother of the Church (St. Louis) w/ Fr. Charles Barthel, May 11 - St. Joachim Old Mines (Cadet) w/ Fr. Anthony Dattilo, May 25 - St. Bridget (Pacific) w/ Fr. Andrew Burkemper

Christ Alive through Mary, Women's Witness Prayer Meeting - June 3, 2023 at Cardinal Rigali Center - 9am — For more information see the [Christ Alive through Mary, Women's Witness Ministry Page](#) Speaker: Shirley Klump — The cost is \$20.

BEHOLD, is a ministry for separated and divorced members of the body of Christ. "Surviving Divorce" 12 week program-each person may be met through the Church in "Encountering Christ's Compassionate Embrace." Upcoming sessions: **Mary, Mother of the Church (Matte)**, 5901 Kerth Rd., St. Louis, MO 63128 (in the Annex) - *New sessions start March 7, 2023, Tuesday Evenings from 7pm to 8:30pm* Contact: Ellen Adams at lnschulte@yahoo.com or Kim Thomas at kathomas1775@gmail.com

Area-wide Prayer Meeting – Praise and Worship with a short talk/witness, Monthly on Wednesdays 7:30 pm to 9:00 pm, at the Catholic Renewal Center. Mar 22 - Charlie Backer — Apr 26 - Sr. M. Karolyn Nunes — May 24 - Kristina Radley

Generational Healing Service - **Jun 4**, 1:00 pm - 3:00 pm (does not include Mass) at the Cardinal Rigali Center, St. Vincent de Paul Chapel. Service focuses on healing and deliverance prayer related to issues both past and present in one's family line. Information is available for prayerful preparation by calling Anne Hruz, 314.731.6100 or annehruz@archstl.org.

Prayer N Praise Jul 12, from 7:00pm to 9:00pm at the Cardinal Rigali Center, Fleur de Lis room, with Carrie Bajzath and friends.

Jonah Prayer Ministry Training - One Day Training - April 29 from 9am to 4pm at the Catholic Renewal Center. Applicants will need the signature of their pastor on the application form. Contact Tina Ferder @ 314-731-6100.

Prophecy Workshop - March 1 7pm. Learn to listen to and discern words from the Lord. This will be a hybrid meetings: in-person at Renewal Center and via video conference. Please email Mary Jo at maryjobarczewski@archstl.org for the virtual link

Speaker Workshop - March 8 - 7pm—9pm by ZOOM for those teaching or speaking on behalf of the Catholic Charismatic Renewal. Contact Gary Whitlock, gary.whitlock@att.net or 636-215-0973

Walk-Up Prayer Ministry Training This session is designed to give some review of best practices for serving on walk-up prayer ministry teams for The Catholic Renewal Center Fall Conference, Spring Retreat, Prayer & Praise nights, or other prayer services where walk-up ministry is offered. We will spend most of the time praying with each other in small groups. If you have been away from ministry for a while or have recently been Jonah prayer ministry trained and would like more practice, this will be a great opportunity to be prepared to serve. RSVP: annehruz@archstl.org DATES: **Mar 9, 1-3pm, Mar 13, 6:30pm –8:30pm** at the Renewal Center.

Spring Retreat - "Open Your Heart" March 24 and 25 at the Cardinal Rigali Center. Speakers Fr. Cassian Koenemann & Rachel Leininger. Find more information and registration on the [Retreat Page](#).

Oportunidad Hispana Carismatica: - archstl.org/catholic-renewal-center/oportunidad-hispana-carismatica

Inventario de Dones Espirituales, 29 de Abril, 2023—9am-2pm at 20 Archbishop May Dr., St. Louis, MO 63119 / **Seminario del Vida en Espiritu Santo**, Febrero 25, Marzo 4,11,18,25, Abril 1 — 9am-11:30am at 1406 S. Sappington Rd., Crestwood, MO 63126



ARCHDIOCESE OF ST. LOUIS



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