



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Tuesday of the First Week in Ordinary Time Year II

Lectionary: 306: 1 Sm 1:9-20/1 Sm 2:1, 4-5, 6-7, 8abcd/See 1 Thes 2:13/Mk 1:21-28

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

1 Sm 1:9-20

Hannah rose after a meal at Shiloh, and presented herself before the LORD; at the time, Eli the priest was sitting on a chair near the doorpost of the LORD's temple. In her bitterness she prayed to the LORD, weeping copiously, and she made a vow, promising: "O LORD of hosts, if you look with pity on the misery of your handmaid, if you remember me and do not forget me, if you give your handmaid a male child, I will give him to the LORD for as long as he lives; neither wine nor liquor shall he drink, and no razor shall ever touch his head." As she remained long at prayer before the LORD, Eli watched her mouth, for Hannah was praying silently; though her lips were moving, her voice could not be heard. Eli, thinking her drunk, said to her, "How long will you make a drunken show of yourself? Sober up from your wine!" "It isn't that, my lord," Hannah answered. "I am an unhappy woman. I have had neither wine nor liquor; I was only pouring out my troubles to the LORD. Do not think your handmaid a ne'er-do-well; my prayer has been prompted by my deep sorrow and misery." Eli said, "Go in peace, and may the God of Israel grant you what you have asked of him." She replied, "Think kindly of your maidservant," and left. She went to her quarters, ate and drank with her husband, and no longer appeared downcast. Early the next morning they worshiped before the LORD, and then returned to their home in Ramah.

When Elkanah had relations with his wife Hannah, the LORD remembered her. She conceived, and at the end of her term bore a son whom she called Samuel, since she had asked the LORD for him.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Tuesday of the First Week in Ordinary Time Year II

Lectionary: 306: 1 Sm 1:9-20/1 Sm 2:1, 4-5, 6-7, 8abcd/See 1 Thes 2:13/Mk 1:21-28

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

1 Sm 2:1, 4-5, 6-7, 8abcd

R. (see 1) My heart exults in the Lord, my Savior.

"My heart exults in the LORD; my horn is exalted in my God. I have swallowed up my enemies; I rejoice in my victory."

R. My heart exults in the Lord, my Savior.

"The bows of the mighty are broken, while the tottering girds on strength. The well-fed hire themselves out for bread, while the hungry batten on spoil. The barren wife bears seven sons, while the mother of many languishes."

R. My heart exults in the Lord, my Savior.

"The LORD puts to death and gives life; he casts down to the nether world; he raises up again. The LORD makes poor and makes rich; he humbles, he also exalts."

R. My heart exults in the Lord, my Savior.

"He raises the needy from the dust; from the dung heap he lifts up the poor, to seat them with nobles and make a glorious throne their heritage."

R. My heart exults in the Lord, my Savior.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Tuesday of the First Week in Ordinary Time Year II

Lectionary: 306: 1 Sm 1:9-20/1 Sm 2:1, 4-5, 6-7, 8abcd/See 1 Thes 2:13/Mk 1:21-28

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Alleluia

See 1 Thes 2:13

R. Alleluia, alleluia.

Receive the word of God, not as the word of men, but as it truly is, the word of God.

R. Alleluia, alleluia.

Gospel

Mk 1:21-28

Jesus came to Capernaum with his followers, and on the Sabbath he entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.