



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Friday of the Fifth Week in Ordinary Time Year I

Lectionary: 333: Gn 3:1-8/Ps 32:1-2, 5, 6, 7/see Acts 16:14b/Mk 7:31-37

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Gn 3:1-8

Now the serpent was the most cunning of all the animals that the LORD God had made. The serpent asked the woman, "Did God really tell you not to eat from any of the trees in the garden?" The woman answered the serpent: "We may eat of the fruit of the trees in the garden; it is only about the fruit of the tree in the middle of the garden that God said, 'You shall not eat it or even touch it, lest you die.'" But the serpent said to the woman: "You certainly will not die! No, God knows well that the moment you eat of it your eyes will be opened and you will be like gods who know what is good and what is evil." The woman saw that the tree was good for food, pleasing to the eyes, and desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized that they were naked; so they sewed fig leaves together and made loincloths for themselves.

When they heard the sound of the LORD God moving about in the garden at the breezy time of the day, the man and his wife hid themselves from the LORD God among the trees of the garden.



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Responsorial Psalm

Ps 32:1-2, 5, 6, 7

R. (1a) Blessed are those whose sins are forgiven.

Blessed is he whose fault is taken away, whose sin is covered. Blessed the man to whom the LORD imputes not guilt, in whose spirit there is no guile.

R. Blessed are those whose sins are forgiven.

Then I acknowledged my sin to you, my guilt I covered not. I said, "I confess my faults to the LORD," and you took away the guilt of my sin.

R. Blessed are those whose sins are forgiven.

For this shall every faithful man pray to you in time of stress. Though deep waters overflow, they shall not reach him.

R. Blessed are those whose sins are forgiven.

You are my shelter; from distress you will preserve me; with glad cries of freedom you will ring me round.

R. Blessed are those whose sins are forgiven.



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Alleluia

see Acts 16:14b

R. Alleluia, alleluia.

Open are hearts, O Lord, to listen to the words of your Son.

R. Alleluia, alleluia.

Gospel

Mk 7:31-37

Jesus left the district of Tyre and went by way of Sidon to the Sea of Galilee, into the district of the Decapolis. And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!" (that is, "Be opened!") And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly. He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished and they said, "He has done all things well. He makes the deaf hear and the mute speak."