



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Monday of the Twelfth Week in Ordinary Time Year I

Lectionary: 371: Gn 12:1-9/Ps 33:12-13, 18-19, 20 and 22/Heb 4:12/Mt 7:1-5

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Gn 12:1-9

The LORD said to Abram: "Go forth from the land of your kinsfolk and from your father's house to a land that I will show you.

"I will make of you a great nation, and I will bless you; I will make your name great, so that you will be a blessing. I will bless those who bless you and curse those who curse you. All the communities of the earth shall find blessing in you."

Abram went as the LORD directed him, and Lot went with him. Abram was seventy-five years old when he left Haran. Abram took his wife, Sarai, his brother's son Lot, all the possessions that they had accumulated, and the persons they had acquired in Haran, and they set out for the land of Canaan. When they came to the land of Canaan, Abram passed through the land as far as the sacred place at Shechem, by the terebinth of Moreh. (The Canaanites were then in the land.)

The LORD appeared to Abram and said, "To your descendants I will give this land." So Abram built an altar there to the LORD who had appeared to him. From there he moved on to the hill country east of Bethel, pitching his tent with Bethel to the west and Ai to the east. He built an altar there to the LORD and invoked the LORD by name. Then Abram journeyed on by stages to the Negeb.



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Responsorial Psalm

Ps 33:12-13, 18-19, 20 and 22

R. (12) Blessed the people the Lord has chosen to be his own.

Blessed the nation whose God is the LORD, the people he has chosen for his own inheritance. From heaven the LORD looks down; he sees all mankind.

R. Blessed the people the Lord has chosen to be his own.

See, the eyes of the LORD are upon those who fear him, upon those who hope for his kindness, To deliver them from death and preserve them in spite of famine.

R. Blessed the people the Lord has chosen to be his own.

Our soul waits for the LORD, who is our help and our shield. May your kindness, O LORD, be upon us who have put our hope in you.

R. Blessed the people the Lord has chosen to be his own.



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Alleluia

Heb 4:12

R. Alleluia, alleluia.

The word of God is living and effective, able to discern reflections and thoughts of the heart.

R. Alleluia, alleluia.

Gospel

Mt 7:1-5

Jesus said to his disciples: "Stop judging, that you may not be judged. For as you judge, so will you be judged, and the measure with which you measure will be measured out to you. Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own eye? How can you say to your brother, 'Let me remove that splinter from your eye,' while the wooden beam is in your eye? You hypocrite, remove the wooden beam from your eye first; then you will see clearly to remove the splinter from your brother's eye."