



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Tuesday of the Sixteenth Week in Ordinary Time Year II**

***Lectio Divina***

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading**

Mic 7:14-15, 18-20

Shepherd your people with your staff, the flock of your inheritance that dwells apart in a woodland, in the midst of Carmel. Let them feed in Bashan and Gilead, as in the days of old; As in the days when you came from the land of Egypt, show us wonderful signs.

Who is there like you, the God who removes guilt and pardons sin for the remnant of his inheritance; Who does not persist in anger forever, but delights rather in clemency, and will again have compassion on us, treading underfoot our guilt? You will cast into the depths of the sea all our sins; you will show faithfulness to Jacob, and grace to Abraham, as you have sworn to our fathers from days of old.

\* \* \*

***Lectio Divina***

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Tuesday of the Sixteenth Week in Ordinary Time Year II**

- The fourth reading, pause for 2-3 minutes reflecting on “*I believe that God wants me to . . . . . today/this week.*”  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise.  
In a group setting, you can share your reflection or simply pass.

**Responsorial Psalm**

Ps 85:2-4, 5-6, 7-8

**R. (8a) Lord, show us your mercy and love.**

You have favored, O LORD, your land; you have brought back the captives of Jacob. You have forgiven the guilt of your people; you have covered all their sins. You have withdrawn all your wrath; you have revoked your burning anger.

**R. Lord, show us your mercy and love.**

Restore us, O God our savior, and abandon your displeasure against us. Will you be ever angry with us, prolonging your anger to all generations?

**R. Lord, show us your mercy and love.**

Will you not instead give us life; and shall not your people rejoice in you? Show us, O LORD, your kindness, and grant us your salvation.

**R. Lord, show us your mercy and love.**

\* \* \*

***Lectio Divina***

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on “*Where does the content of this reading touch my life today?*”  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on “*I believe that God wants me to . . . . . today/this week.*”  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise.  
In a group setting, you can share your reflection or simply pass.

**Alleluia**

Jn 14:23

**R. Alleluia, alleluia.**



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina  
Tuesday of the Sixteenth Week in Ordinary Time Year II**

Whoever loves me will keep my word, and my Father will love him and we will come to him.

**R. Alleluia, alleluia.**

**Gospel**

Mt 12:46-50

While Jesus was speaking to the crowds, his mother and his brothers appeared outside, wishing to speak with him. Someone told him, "Your mother and your brothers are standing outside, asking to speak with you." But he said in reply to the one who told him, "Who is my mother? Who are my brothers?" And stretching out his hand toward his disciples, he said, "Here are my mother and my brothers. For whoever does the will of my heavenly Father is my brother, and sister, and mother."