## Archdiocese of St. Louis Office of Sacred Worship Lectio Divina Foods of the Transfiguration

Feast of the Transfiguration of the Lord, Cycle B

Lectionary: 614B: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mt 17:5c/Mk 9:2-10

Read the following passage four times.

- ➤ The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

  Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to . . . . . . today/this week."

  Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading Dn 7:9-10, 13-14

As I watched:

Thrones were set up and the Ancient One took his throne. His clothing was bright as snow, and the hair on his head as white as wool; his throne was flames of fire, with wheels of burning fire. A surging stream of fire flowed out from where he sat; Thousands upon thousands were ministering to him, and myriads upon myriads attended him. The court was convened and the books were opened.

As the visions during the night continued, I saw:

One like a Son of man coming, on the clouds of heaven; when he reached the Ancient One and was presented before him, the one like a Son of man received dominion, glory, and kingship; all peoples, nations, and languages serve him. His dominion is an everlasting dominion that shall not be taken away, his kingship shall not be destroyed.

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**Responsorial Psalm** *Ps. 97:1-2, 5-6, 9* 

R. (1a and 9a) The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice; let the many islands be glad. Clouds and darkness are round about him, justice and judgment are the foundation of his throne.

R. The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD, before the LORD of all the earth. The heavens proclaim his justice, and all peoples see his glory.

R. The Lord is king, the Most High over all the earth

Because you, O LORD, are the Most High over all the earth, exalted far above all gods.

R. The Lord is king, the Most High over all the earth.

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Second Reading 2 Pt 1:16-19

Beloved: We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that unique declaration came to him from the majestic glory, "This is my Son, my beloved, with whom I am well pleased." We ourselves heard this voice come from heaven while we were with him on the holy mountain. Moreover, we possess the prophetic message that is altogether reliable. You will do well to be attentive to it, as to a lamp shining in a dark place, until day dawns and the morning star rises in your hearts.

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Alleluia Mt 17:5c

#### R. Alleluia, alleluia.

This is my beloved Son; with whom I am well pleased; listen to him.

R. Alleluia, alleluia.

**Gospel** *Mk* 9:2-10

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; then from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them.

As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant.