



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Wednesday of the Seventh Week in Ordinary Time Year I

Lectionary: 343: Sir 4:11-19/Ps 119:165, 168, 171, 172, 174, 175/Jn 14:6/Mk 9:38-40

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Sir 4:11-19

Wisdom breathes life into her children and admonishes those who seek her. He who loves her loves life; those who seek her will be embraced by the Lord. He who holds her fast inherits glory; wherever he dwells, the LORD bestows blessings. Those who serve her serve the Holy One; those who love her the LORD loves. He who obeys her judges nations; he who hearkens to her dwells in her inmost chambers. If one trusts her, he will possess her; his descendants too will inherit her. She walks with him as a stranger and at first she puts him to the test; Fear and dread she brings upon him and tries him with her discipline until she try him by her laws and trust his soul. Then she comes back to bring him happiness and reveal her secrets to them and she will heap upon him treasures of knowledge and an understanding of justice. But if he fails her, she will abandon him and deliver him into the hands of despoilers.



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Responsorial Psalm

Ps 119:165, 168, 171, 172, 174, 175

R. (165a) O Lord, great peace have they who love your law.

Those who love your law have great peace, and for them there is no stumbling block.

R. O Lord, great peace have they who love your law.

I keep your precepts and your decrees, for all my ways are before you.

R. O Lord, great peace have they who love your law.

My lips pour forth your praise, because you teach me your statutes.

R. O Lord, great peace have they who love your law.

May my tongue sing of your promise, for all your commands are just.

R. O Lord, great peace have they who love your law.

I long for your salvation, O LORD, and your law is my delight.

R. O Lord, great peace have they who love your law.

Let my soul live to praise you, and may your ordinances help me.



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Alleluia

Jn 14:6

R. Alleluia, alleluia.

I am the way and the truth and the life, says the Lord; no one comes to the Father except through me.

R. Alleluia, alleluia.

Gospel

Mk 9:38-40

John said to Jesus, "Teacher, we saw someone driving out demons in your name, and we tried to prevent him because he does not follow us." Jesus replied, "Do not prevent him. There is no one who performs a mighty deed in my name who can at the same time speak ill of me. For whoever is not against us is for us."