



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Monday of the Tenth Week in Ordinary Time Year II

Lectionary: 359: 1 Kgs17:1-6/Ps 121:1bc-2, 3-4, 5-6, 7-8/Mt 5:12a/Mt 5:1-12

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

1 Kgs17:1-6

Elijah the Tishbite, from Tishbe in Gilead, said to Ahab: "As the LORD, the God of Israel, lives, whom I serve, during these years there shall be no dew or rain except at my word." The word of the LORD came to Elijah: Leave here, go east and hide in the Wadi Cherith, east of the Jordan. You shall drink of the wadi, and I have commanded ravens to feed you there. So he left and did as the LORD had commanded. He left and remained by the Wadi Cherith, east of the Jordan. Ravens brought him bread and meat in the morning, and bread and meat in the evening, and he drank from the wadi.



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Responsorial Psalm

Ps 121:1bc-2, 3-4, 5-6, 7-8

R. Our help is from the Lord, who made heaven and earth.

I raise my eyes toward the mountains. From whence shall come my help? My help comes from the LORD, the maker of heaven and earth.

R. Our help is from the Lord, who made heaven and earth.

He will not allow your foot to slip; or your guardian to sleep. Behold, the guardian of Israel never slumbers nor sleeps.

R. Our help is from the Lord, who made heaven and earth.

The LORD is your guardian; the LORD is your shade at your right hand. By day the sun will not strike you, nor the moon by night.

R. Our help is from the Lord, who made heaven and earth.

The LORD will guard you from all evil; he will guard your soul. The LORD will guard your coming and going both now and forever.

R. Our help is from the Lord, who made heaven and earth.



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Alleluia

Mt 5:12a

R. Alleluia, alleluia.

Rejoice and be glad; for your reward will be great in heaven.

R. Alleluia, alleluia.

Gospel

Mt 5:1-12

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying:

"Blessed are the poor in spirit, for theirs is the Kingdom of heaven. Blessed are they who mourn, for they will be comforted. Blessed are the meek, for they will inherit the land. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. Blessed are the merciful, for they will be shown mercy. Blessed are the clean of heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven. Thus they persecuted the prophets who were before you."