



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Monday of the First Week in Ordinary Time Year II
Lectionary: 305

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Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

1 Sm 1:1-8

There was a certain man from Ramathaim, Elkanah by name, a Zuphite from the hill country of Ephraim. He was the son of Jeroham, son of Elihu, son of Tohu, son of Zuph, an Ephraimite. He had two wives, one named Hannah, the other Peninnah; Peninnah had children, but Hannah was childless. This man regularly went on pilgrimage from his city to worship the LORD of hosts and to sacrifice to him at Shiloh, where the two sons of Eli, Hophni and Phinehas, were ministering as priests of the LORD. When the day came for Elkanah to offer sacrifice, he used to give a portion each to his wife Peninnah and to all her sons and daughters, but a double portion to Hannah because he loved her, though the LORD had made her barren. Her rival, to upset her, turned it into a constant reproach to her that the LORD had left her barren. This went on year after year; each time they made their pilgrimage to the sanctuary of the LORD, Peninnah would approach her, and Hannah would weep and refuse to eat. Her husband Elkanah used to ask her: "Hannah, why do you weep, and why do you refuse to eat? Why do you grieve? Am I not more to you than ten sons?"

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Responsorial Psalm

Ps 116:12-13, 14-17, 18-19

R. (17a) To you, Lord, I will offer a sacrifice of praise. or: R. Alleluia.

How shall I make a return to the LORD for all the good he has done for me? The cup of salvation I will take up, and I will call upon the name of the LORD.

R. To you, Lord, I will offer a sacrifice of praise. or: R. Alleluia.

My vows to the LORD I will pay in the presence of all his people. Precious in the eyes of the LORD is the death of his faithful ones. O LORD, I am your servant; I am your servant, the son of your handmaid; you have loosed my bonds.

R. To you, Lord, I will offer a sacrifice of praise. or: R. Alleluia.

My vows to the LORD I will pay in the presence of all his people, in the courts of the house of the LORD, in your midst, O Jerusalem.

R. To you, Lord, I will offer a sacrifice of praise. or: R. Alleluia.

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Alleluia

Mk 1:15

R. Alleluia, alleluia.

The Kingdom of God is at hand; repent and believe in the Gospel.

R. Alleluia, alleluia.

Gospel

Mk 1:14-20

After John had been arrested, Jesus came to Galilee proclaiming the Gospel of God: “This is the time of fulfillment. The Kingdom of God is at hand. Repent, and believe in the Gospel.”

As he passed by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea; they were fishermen. Jesus said to them, “Come after me, and I will make you fishers of men.” Then they left their nets and followed him. He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him.