



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Monday of the First Week of Advent
Lectionary: 175

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Is 2:1-5

This is what Isaiah, son of Amoz, saw concerning Judah and Jerusalem.

In days to come, The mountain of the LORD's house shall be established as the highest mountain and raised above the hills. All nations shall stream toward it; many peoples shall come and say: "Come, let us climb the LORD's mountain, to the house of the God of Jacob, That he may instruct us in his ways, and we may walk in his paths." For from Zion shall go forth instruction and the word of the LORD from Jerusalem. He shall judge between the nations, and impose terms on many peoples. They shall beat their swords into plowshares and their spears into pruning hooks; One nation shall not raise the sword against another, nor shall they train for war again.

O house of Jacob, come, let us walk in the light of the LORD!

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Monday of the First Week of Advent
Lectionary: 175

- The third reading, pause for 2-3 minutes reflecting on “*Where does the content of this reading touch my life today?*”
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on “*I believe that God wants me to today/this week.*”
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9

R. Let us go rejoicing to the house of the Lord.

I rejoiced because they said to me, "We will go up to the house of the LORD." And now we have set foot within your gates, O Jerusalem.

R. Let us go rejoicing to the house of the Lord.

Jerusalem, built as a city with compact unity. To it the tribes go up, the tribes of the LORD.

R. Let us go rejoicing to the house of the Lord.

According to the decree for Israel, to give thanks to the name of the LORD. In it are set up judgment seats, seats for the house of David.

R. Let us go rejoicing to the house of the Lord.

Pray for the peace of Jerusalem! May those who love you prosper! May peace be within your walls, prosperity in your buildings.

R. Let us go rejoicing to the house of the Lord.

Because of my relatives and friends, I will say, "Peace be within you!" Because of the house of the LORD, our God, I will pray for your good.

R. Let us go rejoicing to the house of the Lord.

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Monday of the First Week of Advent
Lectionary: 175

- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on “*Where does the content of this reading touch my life today?*” Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on “*I believe that God wants me to today/this week.*” Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Alleluia

See Ps 80:4

R. Alleluia, alleluia.

Come and save us, LORD our God; let your face shine upon us, that we may be saved.

R. Alleluia, alleluia.

Gospel

Mt 8:5-11

When Jesus entered Capernaum, a centurion approached him and appealed to him, saying, "Lord, my servant is lying at home paralyzed, suffering dreadfully." He said to him, "I will come and cure him." The centurion said in reply, "Lord, I am not worthy to have you enter under my roof; only say the word and my servant will be healed. For I too am a man subject to authority, with soldiers subject to me. And I say to one, "Go," and he goes; and to another, "Come here," and he comes; and to my slave, "Do this," and he does it." When Jesus heard this, he was amazed and said to those following him, "Amen, I say to you, in no one in Israel have I found such faith. I say to you, many will come from the east and the west, and will recline with Abraham, Isaac, and Jacob at the banquet in the Kingdom of heaven."