

Read the following passage four times.

- The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"
 Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

2 Sm 12:1-7a, 10-17

The LORD sent Nathan to David, and when he came to him, Nathan said: "Judge this case for me! In a certain town there were two men, one rich, the other poor. The rich man had flocks and herds in great numbers. But the poor man had nothing at all except one little ewe lamb that he had bought. He nourished her, and she grew up with him and his children. She shared the little food he had and drank from his cup and slept in his bosom. She was like a daughter to him. Now, the rich man received a visitor, but he would not take from his own flocks and herds to prepare a meal for the wayfarer who had come to him. Instead he took the poor man's ewe lamb and made a meal of it for his visitor." David grew very angry with that man and said to him: "As the LORD lives, the man who has done this merits death! He shall restore the ewe lamb fourfold because he has done this and has had no pity."

Then Nathan said to David: "You are the man! Thus says the LORD God of Israel: 'The sword shall never depart from your house, because you have despised me and have taken the wife of Uriah to be your wife.' Thus says the LORD: 'I will bring evil upon you out of your own house. I will take your wives while you live to see it, and will give them to your neighbor. He shall lie with your wives in broad daylight. You have done this deed in secret, but I will bring it about in the presence of all Israel, and with the sun looking down.'"

Then David said to Nathan, "I have sinned against the LORD." Nathan answered David: "The LORD on his part has forgiven your sin: you shall not die. But since you have utterly spurned the LORD by this deed, the child born to you must surely die." Then Nathan returned to his house.

The LORD struck the child that the wife of Uriah had borne to David, and it became desperately ill. David besought God for the child. He kept a fast, retiring for the night to lie on the ground clothed in sackcloth. The



elders of his house stood beside him urging him to rise from the ground; but he would not, nor would he take food with them.



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Responsorial Psalm

Ps 51:12-13, 14-15, 16-17

R. (12a) Create a clean heart in me, O God.

A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me.

R. Create a clean heart in me, O God.

Give me back the joy of your salvation and a willing spirit sustain in me. I will teach transgressors your ways, and sinners shall return to you.

R. Create a clean heart in me, O God.

Free me from blood guilt, O God; my saving God; then my tongue shall revel in your justice. O Lord, open my lips, and my mouth shall proclaim your praise.

R. Create a clean heart in me, O God.

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Alleluia

R. Alleluia, alleluia.

God so loved the world that he gave his only-begotten Son, so that everyone who believes in him might have eternal life.

R. Alleluia, alleluia.

Gospel

On that day, as evening drew on, Jesus said to his disciples: "Let us cross to the other side." Leaving the crowd, they took Jesus with them in the boat just as he was. And other boats were with him. A violent squall came up and waves were breaking over the boat, so that it was already filling up. Jesus was in the stern, asleep on a cushion. They woke him and said to him, "Teacher, do you not care that we are perishing?" He woke up, rebuked the wind, and said to the sea, "Quiet! Be still!" The wind ceased and there was great calm. Then he asked them, "Why are you terrified? Do you not yet have faith?" They were filled with great awe and said to one another, "Who then is this whom even wind and sea obey?"



Jn 3:16

Mk 4:35-41