

Read the following passage four times.

- The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to ..... today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

#### **First Reading**

Exodus 34:4b-6, 8-9

Early in the morning Moses went up Mount Sinai as the LORD had commanded him, taking along the two stone tablets. Having come down in a cloud, the LORD stood with Moses there and proclaimed his name, "LORD." Thus the LORD passed before him and cried out, "The LORD, the LORD, a merciful and gracious God, slow to anger and rich in kindness and fidelity." Moses at once bowed down to the ground in worship. Then he said, "If I find favor with you, O Lord, do come along in our company. This is indeed a stiff-necked people; yet pardon our wickedness and sins, and receive us as your own."



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#### **Responsorial Psalm** *R.* (52b) Glory and praise for ever!

Dn 3:52, 53, 54, 55, 56

Blessed are you, O Lord, the God of our fathers, praiseworthy and exalted above all forever; and blessed is your holy and glorious name, praiseworthy and exalted above all for all ages.

# R. Glory and praise for ever!

Blessed are you in the temple of your holy glory, praiseworthy and glorious above all forever.

# **R**. Glory and praise for ever!

Blessed are you on the throne of your kingdom, praiseworthy and exalted above all forever.

### **R**. Glory and praise for ever!

Blessed are you who look into the depths from your throne upon the cherubim, praiseworthy and exalted above all forever.

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### Second Reading

2 Corinthians 13:11-13

Brothers and sisters, rejoice. Mend your ways, encourage one another, agree with one another, live in peace, and the God of love and peace will be with you. Greet one another with a holy kiss. All the holy ones greet you. The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with all of you.



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### Alleluia

R. Alleluia, alleluia.

Glory to the Father, the Son, and the Holy Spirit; to God who is, who was, and who is to come. *R. Alleluia, alleluia.* 

### Gospel

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.

Jn 3:16-18