



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Tuesday of the Eighteenth Week in Ordinary Time Year I**  
**Lectionary: 408**

***Lectio Divina***

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading**

*Jer 30:1-2, 12-15, 18-22*

The following message came to Jeremiah from the LORD: For thus says the LORD, the God of Israel: Write all the words I have spoken to you in a book.

For thus says the LORD: Incurable is your wound, grievous your bruise; There is none to plead your cause, no remedy for your running sore, no healing for you. All your lovers have forgotten you, they do not seek you. I struck you as an enemy would strike, punished you cruelly; why cry out over your wound? Your pain is without relief. Because of your great guilt, your numerous sins, I have done this to you.

Thus says the LORD: See! I will restore the tents of Jacob, his dwellings I will pity; City shall be rebuilt upon hill, and palace restored as it was. From them will resound songs of praise, the laughter of happy men. I will make them not few, but many; they will not be tiny, for I will glorify them. His sons shall be as of old, his assembly before me shall stand firm; I will punish all his oppressors. His leader shall be one of his own, and his rulers shall come from his kin. When I summon him, he shall approach me; how else should one take the deadly risk of approaching me? Says the LORD. You shall be my people, and I will be your God.

***Lectio Divina***

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Tuesday of the Eighteenth Week in Ordinary Time Year I**  
**Lectionary: 408**

- The third reading, pause for 2-3 minutes reflecting on “*Where does the content of this reading touch my life today?*”  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on “*I believe that God wants me to . . . . . today/this week.*”  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Responsorial Psalm**

*Ps 102:16-18, 19-21, 29 and 22-23*

**R. (17) The Lord will build up Zion again, and appear in all his glory.**

The nations shall revere your name, O LORD, and all the kings of the earth your glory, When the LORD has rebuilt Zion and appeared in his glory; when he has regarded the prayer of the destitute, and not despised their prayer.

**R. The Lord will build up Zion again, and appear in all his glory.**

Let this be written for the generation to come, and let his future creatures praise the LORD: “The LORD looked down from his holy height, from heaven he beheld the earth, to hear the groaning of the prisoners, to release those doomed to die.”

**R. The Lord will build up Zion again, and appear in all his glory.**

The children of your servants shall abide, and their posterity shall continue in your presence, that the name of the LORD may be declared on Zion; and his praise, in Jerusalem, when the peoples gather together and the kingdoms, to serve the LORD.

**R. The Lord will build up Zion again, and appear in all his glory.**

***Lectio Divina***

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on “*Where does the content of this reading touch my life today?*”  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.



**Archdiocese of St. Louis**  
**Office of Sacred Worship**  
**Lectio Divina**  
**Tuesday of the Eighteenth Week in Ordinary Time Year I**  
**Lectionary: 408**

- The fourth reading, pause for 2-3 minutes reflecting on *“I believe that God wants me to . . . . . today/this week.”*  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise.  
In a group setting, you can share your reflection or simply pass.

**Alleluia**

*Jn 1:49b*

**R. Alleluia, alleluia.**

Rabbi, you are the Son of God; you are the King of Israel.

**R. Alleluia, alleluia.**

**Gospel**

*Mt 14:22-36*

Jesus made the disciples get into a boat and precede him to the other side of the sea, while he dismissed the crowds. After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, he came toward them, walking on the sea. When the disciples saw him walking on the sea they were terrified. “It is a ghost,” they said, and they cried out in fear. At once Jesus spoke to them, “Take courage, it is I; do not be afraid.” Peter said to him in reply, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, “Lord, save me!” Immediately Jesus stretched out his hand and caught him, and said to him, “O you of little faith, why did you doubt?” After they got into the boat, the wind died down. Those who were in the boat did him homage, saying, “Truly, you are the Son of God.”

After making the crossing, they came to land at Gennesaret. When the men of that place recognized him, they sent word to all the surrounding country. People brought to him all those who were sick and begged him that they might touch only the tassel on his cloak, and as many as touched it were healed.

**Or**

*Mt 15:1-2, 10-14*

Some Pharisees and scribes came to Jesus from Jerusalem and said, “Why do your disciples break the tradition of the elders? They do not wash their hands when they eat a meal.” He summoned the crowd and said to them, “Hear and understand. It is not what enters one’s mouth that defiles the man; but what comes out of the mouth is what defiles one.” Then his disciples approached and said to him, “Do you know that the Pharisees took offense when they heard what you said?” He said in reply, “Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. If a blind man leads a blind man, both will fall into a pit.”