



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina**

**Tuesday of the Thirteenth Week in Ordinary Time Year II**

**Lectionary: 378: Am 3:1-8; 4:11-12/Ps 5, 4-6. 6-7. 8/Ps 130:5/Mt 8:23-27**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading**

*Am 3:1-8; 4:11-12*

Hear this word, Israelites that the LORD speaks concerning you, concerning the whole family I brought up from the land of Egypt:

You alone I have known, among all the families of the earth; therefore, I will punish you for all your iniquities.

Do two journey together unless they have agreed? Does a lion roar in the forest when it has no prey? Does a young lion cry out from its den unless it has seized something? Does a bird swoop down on a trap on the ground when there is no lure for it? Does a snare spring up from the ground without catching anything? Does the ram's horn sound in a city without the people becoming frightened? Does disaster befall a city unless the LORD has caused it? (Indeed, the Lord GOD does nothing without revealing his plan to his servants the prophets.)

The lion has roared, who would not fear? The Lord GOD has spoken, who would not prophesy?

I brought upon you such upheaval as when God overthrew Sodom and Gomorrah: you were like a brand plucked from the fire; Yet you returned not to me, says the LORD.

So now I will deal with you in my own way, O Israel! and since I will deal thus with you, prepare to meet your God, O Israel.



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**Responsorial Psalm**

*Ps 5, 4-6. 6-7. 8*

**R. (9) Lead me in your justice, Lord**

At dawn I bring my plea expectantly before you. For you, O God, delight not in wickedness; no evil man remains with you; the arrogant may not stand in your sight

**R. Lead me in your justice, Lord.**

You hate all evildoers; you destroy all who speak falsehood; the bloodthirsty and the deceitful the Lord abhors.

**R. Lead me in your justice, Lord.**

But I, because of your abundant kindness, will enter your house; I will worship at your holy temple in fear of you O Lord.



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**Alleluia**

*Ps 130:5*

**R. Alleluia, alleluia.**

I trust in the LORD; my soul trusts in his word.

**R. Alleluia, alleluia.**

**Gospel**

*Mt 8:23-27*

As Jesus got into a boat, his disciples followed him. Suddenly a violent storm came up on the sea, so that the boat was being swamped by waves; but he was asleep. They came and woke him, saying, "Lord, save us! We are perishing!" He said to them, "Why are you terrified, O you of little faith?" Then he got up, rebuked the winds and the sea, and there was great calm. The men were amazed and said, "What sort of man is this, whom even the winds and the sea obey?"