



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Wednesday of the Twenty-third Week in Ordinary Time Year I

Lectionary 439: Col 3:1-11/Ps 145:2-3, 10-11, 12-13ab/Lk 6:23ab/Lk 6:20-26

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Col 3:1-11

Brothers and sisters: If you were raised with Christ, seek what is above, where Christ is seated at the right hand of God. Think of what is above, not of what is on earth. For you have died, and your life is hidden with Christ in God. When Christ your life appears, then you too will appear with him in glory.

Put to death, then, the parts of you that are earthly: immorality, impurity, passion, evil desire, and the greed that is idolatry. Because of these the wrath of God is coming upon the disobedient. By these you too once conducted yourselves, when you lived in that way. But now you must put them all away: anger, fury, malice, slander, and obscene language out of your mouths. Stop lying to one another, since you have taken off the old self with its practices and have put on the new self, which is being renewed, for knowledge, in the image of its creator. Here there is not Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free; but Christ is all and in all.



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Responsorial Psalm

Ps 145:2-3, 10-11, 12-13ab

R. (9) The Lord is compassionate toward all his works.

Every day will I bless you, and I will praise your name forever and ever. Great is the LORD and highly to be praised; his greatness is unsearchable.

R. The Lord is compassionate toward all his works.

Let all your works give you thanks, O LORD, and let your faithful ones bless you. Let them discourse of the glory of your Kingdom and speak of your might.

R. The Lord is compassionate toward all his works.

Making known to men your might and the glorious splendor of your Kingdom. Your Kingdom is a Kingdom for all ages, and your dominion endures through all generations.

R. The Lord is compassionate toward all his works.



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Alleluia

Lk 6:23ab

R. Alleluia, alleluia.

Rejoice and leap for joy! Your reward will be great in heaven.

R. Alleluia, alleluia.

Gospel

Lk 6:20-26

Raising his eyes toward his disciples Jesus said:

"Blessed are you who are poor, for the Kingdom of God is yours. Blessed are you who are now hungry, for you will be satisfied. Blessed are you who are now weeping, for you will laugh. Blessed are you when people hate you, and when they exclude and insult you, and denounce your name as evil on account of the Son of Man.

Rejoice and leap for joy on that day! Behold, your reward will be great in heaven. For their ancestors treated the prophets in the same way.

But woe to you who are rich, for you have received your consolation. But woe to you who are filled now, for you will be hungry. Woe to you who laugh now, for you will grieve and weep. Woe to you when all speak well of you, for their ancestors treated the false prophets in this way."