



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Friday of the Twenty-eighth Week in Ordinary Time Year II
Lectionary 471:Eph 1:11-14/Ps 33:1-2, 4-5, 12-13/Ps 33:22/Lk 12:1-7

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Eph 1:11-14

Brothers and sisters: In Christ we were also chosen, destined in accord with the purpose of the One who accomplishes all things according to the intention of his will, so that we might exist for the praise of his glory, we who first hoped in Christ. In him you also, who have heard the word of truth, the Gospel of your salvation, and have believed in him, were sealed with the promised Holy Spirit, which is the first installment of our inheritance toward redemption as God's possession, to the praise of his glory.



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Responsorial Psalm

Ps 33:1-2, 4-5, 12-13

R. (12) Blessed the people the Lord has chosen to be his own.

Exult, you just, in the LORD; praise from the upright is fitting. Give thanks to the LORD on the harp; with the ten-stringed lyre chant his praises.

R. Blessed the people the Lord has chosen to be his own.

For upright is the word of the LORD, and all his works are trustworthy. He loves justice and right; of the kindness of the LORD the earth is full.

R. Blessed the people the Lord has chosen to be his own.

Blessed the nation whose God is the LORD, the people he has chosen for his own inheritance. From heaven the LORD looks down; he sees all mankind.

R. Blessed the people the Lord has chosen to be his own.



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Alleluia

Ps 33:22

R. Alleluia, alleluia.

May your kindness, LORD, be upon us; who have put our hope in you.

R. Alleluia, alleluia.

Gospel

Lk 12:1-7

At that time: So many people were crowding together that they were trampling one another underfoot. Jesus began to speak, first to his disciples, "Beware of the leaven—that is, the hypocrisy—of the Pharisees.

"There is nothing concealed that will not be revealed, nor secret that will not be known. Therefore, whatever you have said in the darkness will be heard in the light, and what you have whispered behind closed doors will be proclaimed on the housetops. I tell you, my friends, do not be afraid of those who kill the body but after that can do no more. I shall show you whom to fear. Be afraid of the one who after killing has the power to cast into Gehenna; yes, I tell you, be afraid of that one. Are not five sparrows sold for two small coins? Yet not one of them has escaped the notice of God. Even the hairs of your head have all been counted. Do not be afraid. You are worth more than many sparrows."