



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Saturday of the First Week in Ordinary Time Year I

Lectionary: 310: Heb 4:12-16/Ps 19:8, 9, 10, 15/Lk 4:18/Mk 2:13-17

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Heb 4:12-16

The word of God is living and effective, sharper than any two-edged sword, penetrating even between soul and spirit, joints and marrow, and able to discern reflections and thoughts of the heart. No creature is concealed from him, but everything is naked and exposed to the eyes of him to whom we must render an account.

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has similarly been tested in every way, yet without sin. So let us confidently approach the throne of grace to receive mercy and to find grace for timely help.



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Responsorial Psalm

Ps 19:8, 9, 10, 15

R. (see John 6:63c) Your words, Lord, are Spirit and life.

The law of the LORD is perfect, refreshing the soul; the decree of the LORD is trustworthy, giving wisdom to the simple.

R. Your words, Lord, are Spirit and life.

The precepts of the LORD are right, rejoicing the heart; the command of the LORD is clear, enlightening the eye.

R. Your words, Lord, are Spirit and life.

The fear of the LORD is pure, enduring forever; the ordinances of the LORD are true, all of them just.

R. Your words, Lord, are Spirit and life.

Let the words of my mouth and the thought of my heart find favor before you, O LORD, my rock and my redeemer.

R. Your words, Lord, are Spirit and life.



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Alleluia

Lk 4:18

R. Alleluia, alleluia.

The Lord sent me to bring glad tidings to the poor and to proclaim liberty to captives.

R. Alleluia, alleluia.

Gospel

Mk 2:13-17

Jesus went out along the sea. All the crowd came to him and he taught them. As he passed by, he saw Levi, son of Alphaeus, sitting at the customs post. Jesus said to him, "Follow me." And he got up and followed Jesus. While he was at table in his house, many tax collectors and sinners sat with Jesus and his disciples; for there were many who followed him. Some scribes who were Pharisees saw that Jesus was eating with sinners and tax collectors and said to his disciples, "Why does he eat with tax collectors and sinners?" Jesus heard this and said to them, "Those who are well do not need a physician, but the sick do. I did not come to call the righteous but sinners."