



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Tuesday of the Twenty-eighth Week in Ordinary Time Year II
Lectionary 468:Gal 5:1-6/Ps 119:41, 43, 44, 45, 47, 48/Heb 4:12/Lk 11:37-41

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Gal 5:1-6

Brothers and sisters: For freedom Christ set us free; so stand firm and do not submit again to the yoke of slavery.

It is I, Paul, who am telling you that if you have yourselves circumcised, Christ will be of no benefit to you. Once again I declare to every man who has himself circumcised that he is bound to observe the entire law. You are separated from Christ, you who are trying to be justified by law; you have fallen from grace. For through the Spirit, by faith, we await the hope of righteousness. For in Christ Jesus, neither circumcision nor uncircumcision counts for anything, but only faith working through love.



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Responsorial Psalm

Ps 119:41, 43, 44, 45, 47, 48

R. (41a) Let your mercy come to me, O Lord.

Let your mercy come to me, O LORD, your salvation according to your promise.

R. Let your mercy come to me, O Lord.

Take not the word of truth from my mouth, for in your ordinances is my hope.

R. Let your mercy come to me, O Lord.

And I will keep your law continually, forever and ever.

R. Let your mercy come to me, O Lord.

And I will walk at liberty, because I seek your precepts.

R. Let your mercy come to me, O Lord.

And I will delight in your commands, which I love.

R. Let your mercy come to me, O Lord.

And I will lift up my hands to your commands and meditate on your statutes.



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R. Let your mercy come to me, O Lord.



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Alleluia

Heb 4:12

R. Alleluia, alleluia.

The word of God is living and effective, able to discern reflections and thoughts of the heart.

R. Alleluia, alleluia.

Gospel

Lk 11:37-41

After Jesus had spoken, a Pharisee invited him to dine at his home. He entered and reclined at table to eat. The Pharisee was amazed to see that he did not observe the prescribed washing before the meal. The Lord said to him, "Oh you Pharisees! Although you cleanse the outside of the cup and the dish, inside you are filled with plunder and evil. You fools! Did not the maker of the outside also make the inside? But as to what is within, give alms, and behold, everything will be clean for you."