



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Friday of the Tenth Week in Ordinary Time Year II

Lectionary: 363: 1 Kgs 19:9a, 11-16/Ps 27:7-8a, 8b-9abc, 13-14/Phil 2:15d, 16a/Mt 5:27-32

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

1 Kgs 19:9a, 11-16

Then the LORD said: Go out and stand on the mountain before the LORD; the LORD will pass by. There was a strong and violent wind rending the mountains and crushing rocks before the LORD—but the LORD was not in the wind; after the wind, an earthquake—but the LORD was not in the earthquake; after the earthquake, fire—but the LORD was not in the fire; after the fire, a light silent sound. When he heard this, Elijah hid his face in his cloak and went out and stood at the entrance of the cave. A voice said to him, Why are you here, Elijah? He replied, "I have been most zealous for the LORD, the God of hosts, but the Israelites have forsaken your covenant. They have destroyed your altars and murdered your prophets by the sword. I alone remain, and they seek to take my life." The LORD said to him: Go back! Take the desert road to Damascus. When you arrive, you shall anoint Hazael as king of Aram. You shall also anoint Jehu, son of Nimshi, as king of Israel, and Elisha, son of Shaphat of Abel-meholah, as prophet to succeed you.



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Responsorial Psalm

Ps 27:7-8a, 8b-9abc, 13-14

R. I long to see your face, O Lord.

Hear my voice, LORD, when I call; have mercy on me and answer me. "Come," says my heart, "seek his face".

R. I long to see your face, O Lord.

Your face, LORD, do I seek! Do not hide your face from me; do not repel your servant in anger. You are my salvation; do not cast me off.

R. I long to see your face, O Lord.

I believe I shall see the LORD's goodness in the land of the living. Wait for the LORD, take courage; be stouthearted, wait for the LORD!

R. I long to see your face, O Lord.



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Alleluia

Phil 2:15d, 16a

R. Alleluia, alleluia.

Shine like lights on the world, as you hold on to the word of life.

R. Alleluia, alleluia.

Gospel

Mt 5:27-32

Jesus said to his disciples: "You have heard that it was said, You shall not commit adultery. But I say to you, everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away. It is better for you to lose one of your members than to have your whole body thrown into Gehenna. And if your right hand causes you to sin, cut it off and throw it away. It is better for you to lose one of your members than to have your whole body go into Gehenna.

"It was also said, Whoever divorces his wife must give her a bill of divorce. But I say to you, whoever divorces his wife (unless the marriage is unlawful) causes her to commit adultery, and whoever marries a divorced woman commits adultery."