



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina**

**Friday of the Thirtieth Week in Ordinary Time Year I**

**Lectionary 483:Rm 9:1-5/Ps 147:12-13, 14-15, 19-20/Jn 10:27/Lk 14:1-6**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
  
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
  
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
  
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading**

*Rm 9:1-5*

Brothers and sisters: I speak the truth in Christ, I do not lie; my conscience joins with the Holy Spirit in bearing me witness that I have great sorrow and constant anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are children of Israel; theirs the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; theirs the patriarchs, and from them, according to the flesh, is the Christ, who is over all, God blessed forever. Amen.



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**Responsorial Psalm**

*Ps 147:12-13, 14-15, 19-20*

**R. Praise the Lord, Jerusalem.**

Glorify the LORD, O Jerusalem; praise your God, O Zion. For he has strengthened the bars of your gates; he has blessed your children within you.

**R. Praise the Lord, Jerusalem.**

He has granted peace in your borders; with the best of wheat he fills you. He sends forth his command to the earth; swiftly runs his word!

**R. Praise the Lord, Jerusalem.**

He has proclaimed his word to Jacob, his statutes and his ordinances to Israel. He has not done thus for any other nation; his ordinances he has not made known to them. Alleluia.

**R. Praise the Lord, Jerusalem.**



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**Alleluia**

*Jn 10:27*

**R. Alleluia, alleluia.**

My sheep hear my voice, says the Lord; I know them, and they follow me.

**R. Alleluia, alleluia.**

**Gospel**

*Lk 14:1-6*

On a Sabbath Jesus went to dine at the home of one of the leading Pharisees, and the people there were observing him carefully. In front of him there was a man suffering from dropsy. Jesus spoke to the scholars of the law and Pharisees in reply, asking, "Is it lawful to cure on the Sabbath or not?" But they kept silent; so he took the man and, after he had healed him, dismissed him. Then he said to them "Who among you, if your son or ox falls into a cistern, would not immediately pull him out on the Sabbath day?" But they were unable to answer his question.