



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saturday of the First Week of Advent
Lectionary: 180

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Is 30:19-21, 23-26

Thus says the Lord GOD, the Holy One of Israel: O people of Zion, who dwell in Jerusalem, no more will you weep; He will be gracious to you when you cry out, as soon as he hears he will answer you. The Lord will give you the bread you need and the water for which you thirst. No longer will your Teacher hide himself, but with your own eyes you shall see your Teacher, While from behind, a voice shall sound in your ears: "This is the way; walk in it," when you would turn to the right or to the left.

He will give rain for the seed that you sow in the ground, and the wheat that the soil produces will be rich and abundant. On that day your flock will be given pasture and the lamb will graze in spacious meadows; the oxen and the asses that till the ground will eat silage tossed to them with shovel and pitchfork. Upon every High Mountain and lofty hill there will be streams of running water. On the day of the great slaughter, when the towers fall, the light of the moon will be like that of the sun and the light of the sun will be seven times greater like the light of seven days. On the day the LORD binds up the wounds of his people, he will heal the bruises left by his blows.



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Responsorial Psalm

Ps 147:1-2, 3-4, 5-6

R. (see Isaiah 30:18d) Blessed are all who wait for the Lord.

Praise the LORD, for he is good; sing praise to our God, for he is gracious; it is fitting to praise him. The LORD rebuilds Jerusalem; the dispersed of Israel he gathers.

R. Blessed are all who wait for the Lord.

He heals the brokenhearted and binds up their wounds. He tells the number of the stars; he calls each by name.

R. Blessed are all who wait for the Lord.

Great is our LORD and mighty in power: to his wisdom there is no limit. The LORD sustains the lowly; the wicked he casts to the ground.

R. Blessed are all who wait for the Lord.



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Alleluia

Is 33:22

R. Alleluia, alleluia.

The LORD is our Judge, our Lawgiver, our King; he it is who will save us.

R. Alleluia, alleluia.

Gospel

Mt 9:35–10:1, 5a, 6-8

Jesus went around to all the towns and villages, teaching in their synagogues, proclaiming the Gospel of the Kingdom, and curing every disease and illness. At the sight of the crowds, his heart was moved with pity for them because they were troubled and abandoned, like sheep without a shepherd. Then he said to his disciples, "The harvest is abundant but the laborers are few; so ask the master of the harvest to send out laborers for his harvest."

Then he summoned his Twelve disciples and gave them authority over unclean spirits to drive them out and to cure every disease and every illness.

Jesus sent out these Twelve after instructing them thus, "Go to the lost sheep of the house of Israel. As you go, make this proclamation: 'The Kingdom of heaven is at hand.' Cure the sick, raise the dead, cleanse lepers, and drive out demons. Without cost you have received; without cost you are to give."