



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina**

**Wednesday of the Twenty-fifth Week in Ordinary Time Year II**

**Lectionary 451:Prv 30:5-9/Ps 119:29, 72, 89, 101, 104, 163/Mk 1:15/Lk 9:1-6**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading**

*Prv 30:5-9*

Every word of God is tested; he is a shield to those who take refuge in him. Add nothing to his words, lest he reproves you, and you will be exposed as a deceiver.

Two things I ask of you, deny them not to me before I die: Put falsehood and lying far from me, give me neither poverty nor riches; provide me only with the food I need; lest, being full, I deny you, saying, "Who is the LORD?" Or, being in want, I steal, and profane the name of my God.



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**Responsorial Psalm**

*Ps 119:29, 72, 89, 101, 104, 163*

**R. (105) Your word, O Lord, is a lamp for my feet.**

Remove from me the way of falsehood, and favor me with your law.

**R. Your word, O Lord, is a lamp for my feet.**

The law of your mouth is to me more precious than thousands of gold and silver pieces.

**R. Your word, O Lord, is a lamp for my feet.**

Your word, O LORD, endures forever; it is firm as the heavens.

**R. Your word, O Lord, is a lamp for my feet.**

From every evil way I withhold my feet, that I may keep your words.

**R. Your word, O Lord, is a lamp for my feet.**

Through your precepts I gain discernment; therefore I hate every false way.

**R. Your word, O Lord, is a lamp for my feet.**

Falsehood I hate and abhor; your law I love.



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**Alleluia**

*Mk 1:15*

**R. Alleluia, alleluia.**

The Kingdom of God is at hand; repent and believe in the Gospel.

**R. Alleluia, alleluia.**

**Gospel**

*Lk 9:1-6*

Jesus summoned the Twelve and gave them power and authority over all demons and to cure diseases, and he sent them to proclaim the Kingdom of God and to heal the sick. He said to them, "Take nothing for the journey, neither walking stick, nor sack, nor food, nor money, and let no one take a second tunic. Whatever house you enter, stay there and leave from there. And as for those who do not welcome you, when you leave that town, shake the dust from your feet in testimony against them." Then they set out and went from village to village proclaiming the Good News and curing diseases everywhere.